

NEWSLETTER



February
2021



After the expiration of the Hastor Foundation scholarship competition for full-time students who enrolled for the first time in the academic year 2020/2021, scholarship award committee decided that this year 47 candidates who met the criteria will receive the status of scholarship holders of the Hastor Foundation.

The right to apply for the competition could be achieved by students studying at accredited higher education institutions in BiH and are full-time enrolled students of the second, third and fourth year of undergraduate/bachelor studies or full-time enrolled students of the first year of graduate/master studies lasting 2 or more years.

Candidates who wanted to apply for a scholarship could do so only through online application on the website of the Hastor Foundation (<https://fondacijahastor.ba>).

Since its founding, the Hastor Foundation has been a space for young people in Bosnia and Herzegovina who have clear and formative wills, and we are pleased to say that it has remained so today, as evidenced by the many successful scholarship holders.

THE HASTOR FOUNDATION IS RICHER BY 47 NEW SCHOLARSHIP HOLDERS

We congratulate the new students and welcome them to the family of the Hastor Foundation, which from year to year supports the development of promising young people. Not only is the Foundation richer this year by 47 new scholarship students, but the Bosnian society is richer by 47 new volunteers who will contribute to the development of local communities through their volunteer engagement, thus carrying out our mission - strengthening human potentials by efficiently directing resources to the development of education along the motto: Education - selection of winners!

Prepared by: Una Karabeg





Sometimes the time comes for us to come face to face with what we couldn't even imagine and for that something to be an adventure for a lifetime. Through the stories of our fellows, we have been convinced many times that dealing with unknown worlds and fears is the first step towards extraordinary success. If Alice, despite her fear, had not entered her country with miracles, she would never have become a brave heroine nor found out what kind of miracles are hidden in unknown worlds. Our scholarship holder Ahmed Bandić stepped into such an unknown world, whose story we are bringing this time.

Ahmed is a 9th grade student at the Elementary School "6. mart" in Hadžići and has been in the detachments of exemplary and excellent scholarship holders of the Hastor Foundation for three years now.

ABOUT SPECIAL STORIES...

Just as he achieves enviable results at school, Ahmed also excels in the sport he has been playing for the past five years - athletics. Athletics, he says, was an unknown world for him that he heard about along the way or almost not at all, and he points out that he could never have imagined that this sport would get an important place in his life and in a way direct him further. Thanks to daily training and hard work, Ahmed won the title of champion of Bosnia and Herzegovina in the 1500 meters, which is certainly an exceptional and enviable success.

Athletics as a sport was something unknown to me, so I decided to try it. I was primarily kept in athletics by the good trainings of my coach Muhamed Fisović and the very positive atmosphere and good company. It didn't take me long to fall in love with this sport, so I tried to improve every day later. These 5 years, as much as I have been training, have left a great impact on my personality and goals, but I think that only now is the time for the greatest effort to justify the title of BiH champion.

Ahmed's competitive spirit has significantly contributed to his love of athletics and his constant success in this sport. He points out that he was curious from an early age and that he liked to discover new and different things that are not common and that he is



Ahmed

Bandić

not used to, and he considers this inclination to be the main reason why he decided to do athletics.

Competitions are perhaps the most important thing in athletics, the results of the competition are a mirror of the effort invested through training and the entire season. On them, we primarily compete mentally with ourselves, and only then with competitors on the track. The emotion that fills each of my competitions is the positive nervousness and impatience in anticipation of the very beginning of the race. After the race, emotions are mixed depending on success, but in the end, satisfaction always prevails because of the courage we had, facing opponents.

The flattering title of the current champion of Bosnia and Herzegovina in the 1500 meter discipline is certainly not Ahmed's only success, but it is certainly not the one he plans to stay on.

Through five years of active coaching, Ahmed has left behind many other competitions and successes, but says he does not like to look back often on what was before and that he wants to focus on the future and new plans. Since he started his athletic story very early, there are many plots and happy endings behind him, but he is also eagerly awaiting new ones, which he is extremely looking forward to. He says that he tries to fill his story with positivity and success so that sometime in the future it would be a pleasure to read it. He enjoys sports and shows that he does not regret the time he dedicated to himself and his success, he points out that sport should be an integral part of all young people's lives because it creates ambition and creates a positive and good view of the world, but also provides an opportunity to make new friendships.



The Hastor Foundation has a manner that is valuable and rare - day by day young people with different affinities and ambitions develop in it and all of them realize their desires and successes right under its flag, and so it is in Ahmed's case.

The Hastor Foundation is a great support for me and has a big role in my sports story. First of all, the scholarship helps me in collecting the necessary sports equipment, and as great mental support stand my mentors and the group I volunteer with. I would like to tell other young people to try to be the best in what they do, because that way they will best represent themselves and our Foundation. I wish them good luck on that journey.

Ahmed has been walking his path bravely and courageously for a long time and we have no doubt that it will be the same in the future. He is one of those young people who were not afraid to take big steps into an unknown world that hid new and untold stories. In this way, Ahmed and all the others who took such a step became an example of how each of us writes our own unique story and that we should constantly strive to be truly ours - different from all the others, already told.

Prepared by: Almina Šabanović



ONLY THE ONE WHO MOVED THE STONES AT AT THE BEGINNING WILL MOVE THE MOUNTAIN

Behind every success is effort, perseverance, and above all a strong will. As we take small steps, we feel satisfaction, and with each passing one we are closer to the goal. These steps are visible in every activity we perform, especially sports. Those who have achieved outstanding results in sports activities tell us the best about this, and this time the witness and example that great results are achieved with effort, perseverance and will, will be our scholarship holder Hajrija Hujdur. Hajrija is a kickboxing champion from Kalesija who has been a part of our family for nine years. She is a fourth grade student at the Medical high school in Tuzla, and she started doing sports exactly five years ago. At the beginning, as Hajrija told us, she thought that this was just another activity in a row and that it was not something she would do for a long time. But over time, kickboxing has simply become a part of her.

She tried not to miss any training, and in order to succeed that, she put this sport in the first place. One of the virtues that adorns Hajrija is the discipline due to which she progressed day by day and her success spread beyond the borders of our country. She achieved her first successes at national and regional competitions, and then at international ones. Out of four years of competitive activities, two years she was a national champion, every year the vice-champion of the Balkan Cup, once the champion and twice vice-champion of the International kickboxing competition. Last year, she was chosen as the best junior in the municipality of Kalesija in all sports. She found great support in the Hastor Foundation, and for her, as she says, there are only words of praise.

*Hajrija
Hujdur*

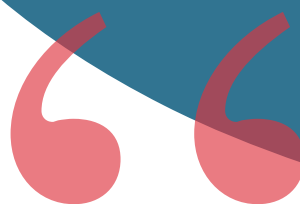




The Hastor Foundation played a big role in my success, as well as volunteers and other scholarship holders, because they have always been my support and appreciated what I love. That's why I thank them a lot for everything.

Hajrija added that it is nice to be involved in many activities because we can get something good out of each one.

The Hastor Foundation played a big role in my success.



I think that every child should engage in some additional activity in life, be it sports or something else. It helps a lot for us to form from a small child into a mature person. In this way, we learn to perform our obligations on time, we develop self-confidence, but we also know about self-criticism, which is very important for independence in life. In addition, we become persistent, we do not give up after the first defeat, and persistence can turn failure into an extraordinary achievement.

Prepared by: Fatima Gazić





DREAMS POURED ON CANVAS

Each Hastor Foundation scholarship holder tailors a success story in their own way. Each story is unique and all, without exception, are special. One such story begins in distant Qom, an Iranian city where our scholarship holder Narcisa Hadžajlić was born.

Narcisa finished primary and secondary school outside the borders of Bosnia and Herzegovina and from an early age she cultivated a love for the natural sciences and in high school she decided to study mathematics and physics, which later became a determinant of her life's occupation. After finishing high school, she returned with her family to Bosnia and Herzegovina, where she enrolled at the Faculty of Philosophy in Zenica, Department of Mathematics and Informatics, and is currently completing her undergraduate studies. She left her school achievements to Iran, of which there were many, and mathematics has always been her good friend.

Already after the end of the first year of study, she became the winner of the Dean's Award for the best achieved success, and in the second year of study, she wrote an essay for participation in the conference "Teacher in Europe, 2019" in the Netherlands. The jury recognized the quality that Narcisa possesses and was chosen to be part of a conference where she learned about education systems in the world. During her studies she participated in the Erasmus student exchange program:

I spent the fifth semester of college in Spain as an exchange student, which further enriched my intercultural conversation skills. With this exchange, I added another language to my list of languages that I use every day for various purposes: Bosnian, English, Persian, Arabic and Spanish.

In addition to being a student, programmer and teacher to children who need it, Narcisa is also an artist. She finds her peace in drawing and painting. While living in Qom, she was a member of the Association of Fine Arts, where she mastered various techniques of painting with water and oil paints, tempera, pastels, etc. She was a member of this association for 7 years, and that period left an impact on her art. She believes that art is a salvation from a tiring everyday life and that is why she often seeks the opportunity to be saved by painting new works that are truly worthy of attention.



This was actually her motivation to apply for the competition for artists throughout BiH within the EU4Agri project, where, thanks to her creative idea and its realization on canvas, she won the award for the best creative idea within the competition „Sustainable Agriculture in BiH“, which is organized through the mentioned project:

My artistic solution was received and I was able to paint seven larger paintings with acrylic paints, representing our vision of sustainable agriculture and the harmony of towns and villages. I can say that I have drawn my dreams that I have been dreaming since I was in Qom. I lived in a desert city, and dreamed of my green homeland in the greatest splendor, and through this challenging project I managed to turn my dreams into pictures, for which I am satisfied and grateful.

She has been a part of the Hastor Foundation since 2018. She fondly remembers everything her friends told her about the Foundation, describing it as a place of progress, which she, no doubt, is.

It's hard to imagine the level of devotion to work, respect, empathy and all the other positivity that exists in the Hastor Foundation, until you become a part of it. Sometimes when I meet new people, I find out that they are also current or former scholarship holders of the Hastor Foundation, and this creates a feeling of finding members of my family after a long time. I will appreciate that feeling forever, because it is a miracle that is hard to find.

Students like Narcisa are the ID card of the Hastor Foundation. They know how to connect the seemingly incompatible and to manage numbers and the brush equally well, and you can follow Narcissa's other works via her website: <https://narcisa.hadzajlic.com/art-portfolio/>.

Prepared by: Nedžma Latić





*Chrome in Achromatic Days

As a response to the question what color is, it would be most correct to say that it is something we call the reaction of the photosensitive cones in our eye to an external stimulus in the form of a light beam. Upon entering the eye, air is refracted as in a prism and scattered into the spectrum. So says science.

The notion of color throughout history has opened up various themes, both in art and in science. Even in terms of our growing up- in childhood, one of the most important questions we ask our friends is the question of their favorite color and this fact has been extraordinarily important to us since our first attempts to understand the world in which we live. Thus, its significance, symbolism and experience describe everyday life composed of various useful objects, events and phenomena. Therefore, we can rightly say that color is one of the basic elements of perception of everything. Although related to subjective experience, we can say that colors evoke certain emotions and experiences of most people. Red loves life and energy, it is in the center

of attention, and it is often associated with danger. Yellow is a picture of day, sun and life. Blue is the sea, and green is the world around us.

Ana Milijević and Kemil Bekteši, students of the second cycle of studies at the Department of Painting of the Academy of Fine Arts, University of Sarajevo, who have many successful projects and exhibitions in the field of visual arts, presented the concept of color in the context of the exhibition Chrome in Achromatic Days, in a different way, using intuition, long before the intelligence that gave us the definition from the front lines:

At the very entrance to the Academy, there is an exhibition space, ie a gallery, where well-known artists from Bosnia and Herzegovina, as well as authors from different countries, often exhibit. We want to use the gallery space as a mirror of the Academy itself and show the works of students.

Aware of the situation in which the culture of Bosnia and Herzegovina finds itself, they use this space as much as possible to present the works of young authors. Exhibition is always the goal and the end point when it comes to artwork, but young authors often encounter difficulties when it comes time to exhibit their work. For that reason, they often organize exhibitions for the students of the Academy, giving them the opportunity to exhibit and show their work to the spectators, and to be artistically and socially active.

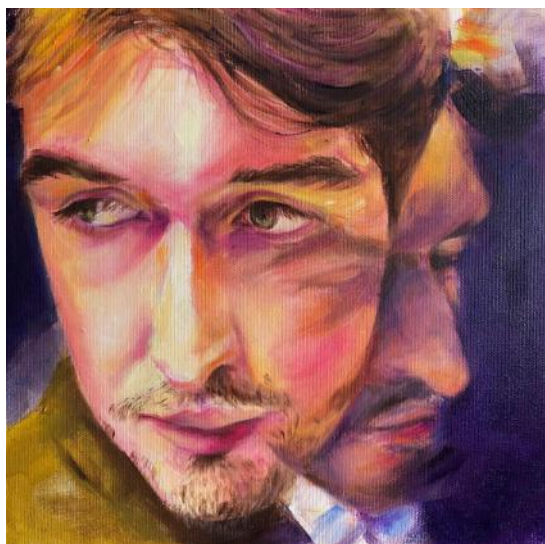
The exhibition, which includes all six departments at the Academy of Fine Arts (Painting, Sculpture, Teaching department, Graphics, Graphic Design and Product Design), is symbolically called Chrome in Achromatic Days, because it comments on the situation we are currently in - a pandemic that has captured all of us, but also an escape from it that is found in art.

The student association, headed by Kemil, wants to encourage positive thought and color (chrome) in these challenging times. For students of the Academy of Fine Arts, color is too complex, broad and never sufficiently researched term that could in

no way be described by a single book definition. For this reason, they chose color as the primary theme of the exhibition, to bring a touch of positive thought and encourage thinking to prove that an escape from reality is sometimes very important:

This exhibition presents fifty works, that is, attempts to explain and grasp the inexplicable, always different and elusive nature of color. Through our research, we strive to change everyday life by coloring gray in the colors of life as it should be.

According to their views, the artist is never limited and can deal with various things, therefore, in addition to completing the first cycle of studies and continuing the second cycle of studies in the Department of Painting, they successfully express their ideas in other ways - in photography, film, conceptual art or curating. For this reason, they prefer to present themselves as visual artists than as painters. Their successes are visible on the basis of the fact that they were awarded for the best students of Painting, as well as that they were nominated for the Award for the best student work „Alija Kućukalić“.



Ana Milijević, "Moment", 30x30, oil on laminated cardboard



Kemil Bekteši "Thinking of Klein"

Their qualities have been recognized by cultural and artistic institutions, so several of Kemil's works have been included in the collection of the Art Gallery of BiH and are one of the four finalists for the ZVONO award, which is given every other year to the best young visual artist in Bosnia and Herzegovina, and Ana is a member of the world project Draw not War, she won two first prizes at the Children and Youth Film Festival, as well as at the Sarajevo Film Festival within the Teen Arena, and exhibited her work in almost all major cultural and artistic institutions in the country. Ana and Kemil believe that the social engagement of a contemporary artist is very important. They seek to create a different image of culture and visual art, free from ethnic, national, political and religious constraints, combining classical, traditional and local techniques with contemporary, synthetic and global art materials and techniques. They plan to stay and operate in Bosnia and Herzegovina, because only by changing the present can they influence the change of the future. Young people are seen as a force to question the present, in order to build objective critical thinking.

It is much easier for people to understand and conceptualize a problem when it becomes visualized, and thus becomes more concrete and visible. Exactly one of Kemil's works at the exhibition Chrome in Achromatic Days represents a socio-political engagement. It is an installation called Cleaner for the Culturally Unconscious, which deals with the issue of garbage disposal in front of the Art Gallery of BiH and consists of a broom, plastic spatula and photomanipulation on the original photo showing a large amount of garbage that almost surrounded the Gallery building.



Kemil Bekteši,
“A Cleaner for the Culturally Unaware”

Kemil Bekteši,
“Contemporary Memories “



They say that the Hastor Foundation is a wonderful place for young, ambitious and creative people and that they do not know anyone who would not want to be in the circle of such people. Regardless of the non-use of the space for meetings of scholarship holders, which served for the development and exchange of ideas and creativity, they are encouraged by the care and support of scholarship holders towards each other and despite the current changes in the world as we know it. They say they don't care about their future, as long as the will and desire for change for the better lives in our Hastor family. Our scholarship holders are told that in whatever scientific or artistic field they find

themselves, it is important that they focus their field of activity on contributing to the community in which they live, with a constant aspiration to its improvement, as well as to be valuable and active, especially in this period.

For all those interested who cannot visit the exhibition, a catalog of exhibited works has been posted on the website of the Academy of Fine Arts of the University of Sarajevo, available at the link <http://alu.unsa.ba/files/Hroma.katalog.pdf>, so that they could also look at student works in full color from their homes in the time of social gray.

SCHOLARSHIP HOLDER OF THE MONTH



The Hastor Foundation boasts diligent, ambitious and successful scholarship holders who achieve notable results in the field of education and science. In addition, the Foundation's team consists of young people who contribute to its work, improving it with their knowledge and skills. Precisely such values and commitment to volunteer engagement within the Hastor Foundation scholarship holders brought Aldin Beriša the title of Scholarship holder of the Month.

*Aldin
Beriša*



My goal is not to make a lot of money, have power or be in a high position, but to be a part of something bigger - to build my story and help someone who needs it, just as it was given to me when I needed it the most.

Aldin was born in Sarajevo and finished primary and secondary school in Hadžići. He recorded enviable results during that period, but one of the most significant achievements that Aldin singled out during his high school education was certainly winning 3rd place with the game Antigame at the Bosnian Science Olympiad - a competition with projects in various fields, including Web development in which he participated together with his friend Tarik Muharem. The game simulated in a fun way how viruses attack a computer and as a reward he was given the opportunity to study at Burch University.

In the fourth grade of high school, based on the recommendation of the principal, I received a letter and an invitation from the Hastor Foundation to apply for the competition, and based on my social status and success, I received a scholarship.



With the financial help of the Foundation in the form of a scholarship, I was able to enroll in the desired Department of Information Technology at Burch University. I will be forever grateful to the Foundation for that.

By enrolling in the study, his successes continued to flow. Already in his first year of study, he won 2nd place in the Burch Start-Up competition with the idea and project „Smart Home Assistant for People with Disabilities“.

I got the idea for this project during my volunteer work at the Foundation, where I was a mentor to a child with developmental difficulties. I initially started Start-Up myself, but soon I had to close it due to lack of funds.

After that, Aldin won 3rd place at the Hackathon of JP Elektroprivreda - a competition for students in the development of software solutions within 24 hours, where he was part of the team representing the University, with a simulation of device consumption in the house. In the last year of his studies, he became the president of the University IT Club. As significant, he singles out the workshop held by the Dean of the Faculty of Engineering at Stanford University, as well as the event „Coding Hour“.

„Sat kodiranja“ or „Hour of Code“ is a global educational action of the American non-profit organization „CODE.ORG“, intended to gain the first programming experience, and launched with the aim of demystifying informatics, programming and motivating students to consider a career in programming and IT sector. At this event, Aldin gave a lecture for 88 children across Bosnia and Herzegovina in the Python programming language and taught them about forest protection with the help of artificial intelligence through the game Minecraft Educational Edition.

Aldin graduated as the best student of the IT department of his year, with an average of 9.76. He currently lives and studies in Västerås, Sweden, as part of a dual master's program between Mälardalen and International,

where he plans to spend a year and gain a master's degree in Embedded Systems, as well as another master's degree in „IOT“. (Internet of Things) at Burch University.

I have been with the Hastor Foundation for almost 5 years and it is an exceptional honor for me to say that. Through all these years, in addition to the fact that the Foundation enabled me to study at the desired University, it gave me the opportunity to be a mentor and friend to children, to help them become better people, and which ultimately made me a fulfilled person. Everyone in the Foundation has always provided me with moral support through schooling to be able to be all that I am now and I believe that today I would not be where I am without the Foundation and the people who make it up.

Knowing Aldin as a person we know we can always rely on, through his engagement and commitment in the IT team of the Hastor Foundation, we have no choice but to sincerely thank him for all this. We congratulate him on his enviable results and wish him a lot of success when it comes to his ambitious, but also philanthropic plans for the future, which we have no doubt will one day be realized!

Prepared by: Nejla Komar



RAM, according to its technical definition, is the working memory of the computer. In Bosnia and Herzegovina the „working memory“ consists of proactive and diligent young people who with their actions prove that they are the ones our country needs. Through this rubric we will present active young scholarship holders of the Hastor Foundation who, next to their volunteering duties, do phenomenal things and so present the Hastor Foundation in the best light!

Nusreta Ferizagić is a Foundation Hastor scholarship holder for full ten years. She graduated from the Fifth Primary school in Brčko after which she enrolled in a Gymnasium in the same city, which she completes with very good scores. Knowing that education is a quality of ambitious and successful people, she decided to continue her education on the Economic Faculty of Brčko. Currently, she is a senior on her university, and she claims that she is the type of person who is never satisfied with her current amount of knowledge and for that reason she plans to do her master thesis on the mentioned university. Outside of her ordinary education, she is also active in other fields. For a sizeable amount of time she was also

the representative of her, a member of the student council, and she was also highlighted as one among the best students. Nusreta sees herself as a manager who lives her life in a planned manner, and on the top of her plans education will always be found. She was led by her emotions which told her what to do, and she believes that that is what it means to be a manager.

She is proud of the fact that throughout her educational process she had support from a big family that consists of many ambitious people in whom she often saw herself and in whom she found her motivation for success. Speaking about the Foundation, Nusreta emphasises the following:

That much joy, life, desire and strength on one group of people is something that can rarely be seen. The doors of that family are open to all children who have a desire for progress, but do not have that opportunity, for all children that have a wish to be a part of something so great and to be accepted at the same time. The presence of those people who have great goals in my life was always of special significance.

In the beginning, Nusreta saw the volunteering of the Hastor Foundation as a duty, but that changed with time and volunteering became a part of her life.



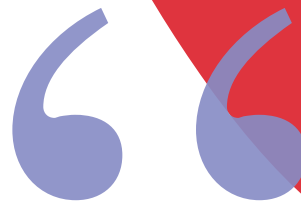
She was given a chance to meet students with which she was emotionally tied. On the basis of this experience, Nusreta gained a wish for further volunteering and she joined the youth center „Svitac“ in Brčko where other volunteers and along with her organise creative workshops for kids aged from 4 to 6 years. This is the way that they are preparing them for school duties. Nusreta through volunteering sees a chance to learn something new and to teach others something unknown to them. Because of the fact that working with children brings her joy and happiness, about the volunteering with young scholarship holders of the Hastor Foundation, she says the following:

Our meetings, when broken down, are not just processing predetermined topics, we are there for one another in every sense. We mutually help and assist each other in schoolwork, give advice when we are in situations that require the thoughts of others and we motivate each other in that is the charm of our meetings. Knowing that with every meeting, I personally contribute to their knowledge and that is the key result of volunteering, it does not represent fatigue to volunteer for hours with them.

Nusreta highlights that at least a part of her motivation lies in her desire to become a role model for the students with which she volunteers and to remain in their memories even after many years of mutual work and also that they may become like her or even better in completing their volunteering duties. She says that the Foundation taught her many things. Desire and will for helping others, power that does not allow any man to give up, the importance of good decision making and the conviction that every man has a place under this heaven, are only some of the lessons that she is grateful to the Hastor Foundation.



My message to all the scholarship holders of the Hastor Foundation, all pupils and students that are not a part of our family is that they should not stop when they are tired, but that they should stop when they finish.



The purpose of learning is growth, and our mind, instead of our body, can grow as long as we live. No matter how good you are, you can always do better and that is exactly the most exciting part of your life. Persevere, worthy of the future that awaits. It will be hard for you, but it does not mean it is impossible.

The virtues of Nusreta are also witnessed by the impressions of the members of the monitoring team, who noticed the quality of her meetings, and we hope that other scholarship holders will find motivation in her story.

Prepared by : Nedžma Latić



INTERESTING FACTS

It is widely known that the human brain is one of the most fascinating things that exists in the world that surrounds us, and a big part of its functions is still unexplained. All that happens in our lives, asleep or awake, whether it is breathing, swallowing, watching, listening, touching, reading, writing, singing, dancing, thinking, feeling love or hatred, spontaneous action etc. is enabled by the brain. Even if it is considered as one of the "most perfect creations in the universe", certain phenomenon that are the object of study for many scientists may occur. Please read the interesting facts that you may not have known about some of the psychological phenomenon that we all more or less had a direct or indirect experience with.



6 PSYCHOLOGICAL PHENOMENON WE ALL EXPERIENCED

PRATTFALL-EFFECT

When we want to leave an impression on someone, we always try to be the most perfect version of ourselves, however, studies show that showing your vulnerability and weakness increases the level of empathy in other people. The more non-critical traits you have, people will be kinder to you. Described in 1966. by the American psychologist Elliott Aronson, this effect is based on the envious human nature. Prattfall-effect exclaims that the usually successful and ambitious people will be liked by others if they make occasional smaller mistakes. To put in simpler terms, people will link easier with people that are eager to make a mistake, because people that are "too perfect" are frightening.

LETHOLOGICA OR LETHOLEXIA

Letholexia is a mental blockade described by Carl Gustav Jung, a swiss psychologist and psychotherapist. This phenomenon describes a situation where the individual cannot remember a word or phrase which describes something, but at the same time, he knows what he is describing. In our language, it is usually meant by something that is "on top of the tongue". Psychologists describe this phenomenon as a temporary inability to "extract" the information from the memory. Most commonly, people are able to remember a part of the information, ie. the first letter of the word.

Research has shown that this is a language-universal phenomenon, in other words, people experience it regardless of the language that they are speaking. Research has also shown that the number of cases is increasing year by year.



FOMO

“Fear of missing out”, according to the Urban Dictionary, is an anxiety of fear of missing out on some exciting and interesting events. It is most commonly activated by watching some of the social media posts made by friends and family.

Everyday, young people have a chance to experience how it is to miss some cultural manifestation, a visit to the cinema or a ordinary academic party. The person does not only miss the event, but also the jokes, adventures and potential great plans. We all have certainly, at least once, felt left out and unguided in the whole situation that is say ‘funny’ to everyone. FOMO is a mental addiction that truly exists and sometimes causes envy, sorrow and anger.

PIGMALION-EFFECT

Pigmalion-effect, which is differently called as the effect of autosuggestion, shows that the stereotypes and expectations of some person in a large amount of cases truly come true. This theory was tested by the psychologist Robert Rozenthal. He gave IQ tests in schools and then gave teachers false results. After that, the students that the teachers thought were more intelligent began to study harder, because the expectations from these students was bigger than the expectations from other students. A greater pressure made the students study harder.

BAADER-MEINHOF-PHENOMENON

This term was given a name, after an American journalist heard that a West German-based leftist organization called Baader-Meinhof exists. He began to hear that name “all around him”. This is a phenomenon we are all acquainted with; when we hear a new term, we begin to see it all around us (whether it is an object or a word). Many people, who are experiencing this state, ask themselves if they are being spied on.

DÉJÀ VU

Déjà Vu, when translated from French – already seen, is a psychological phenomenon when the person has an impression that they are going through something that has already happened, what they experienced or seen. This feeling is usually disturbing. Weird, subjective and of short duration, this phenomenon is very complex to research. There is a plethora of explanations and theories for this phenomenon, but most of them make an emphasis on human emotions. Déjà Vu is a „mistake“ in the cognitive process which happens in the background of consciousness. In most cases it is not a form of pathology, but in some disorders it is considered as one of the symptoms. Our brain is astoundingly complex, and the researchers agree on one thing – currently we really do not know much about the brain.

LET'S BE COMPETITIVE!


In the 21st century, it is not enough to have great success in the educational process to make a person attractive internationally, at the level of studies or employment. It is not uncommon to see and hear that young people who have recently graduated or obtained a master's degree are unemployed, and that they have applied and submitted their biographies (Curriculum Vitae) in several published competitions. Fewer and fewer young people know that they are using the online resources they have at their disposal (eg using mail correctly). This section aims to educate young people about the processes of applying for various educations, seminars, exchange programs, but also to show how students at the international level work on their own improvement.

After tips on how to use a written biography correctly and efficiently, this month you have the opportunity to read more about the proper structure of a CV. Below you can read some tips on how to properly structure your CV, but also find answers to some common questions.

PERSONAL INFORMATION

The initial section of the CV is certainly a section with personal information that should contain:

- name and surname - the use of diacritics and diacritical marks is mandatory
- Postal address
- phone number - it is desirable to use the international code when writing a phone number, which in BiH is +387
- e-mail address - for these purposes, create a professional e-mail address (name.surname), which we have already written about in previous editions



I WANT
TO WRITE A
GOOD CV!
(PART 2)

• LinkedIn profile - in the 21st century, employers very often check potential employees on this very well-known business network. LinkedIn is an „online version of the CV“, so it is very important that you make sure that both LinkedIn and the CV contain the same information.

These are mandatory data that should be in the CV, while the date of birth, marital status and nationality are still a matter of personal choice. However, they are often not a desirable option to list because they give room for discrimination so it is better to avoid them. What should not be found, however, are additional information about people close to you (eg who you are married to, who your parents are, etc.).

It is important to emphasize that the term „nationality“ means the so-called “passport you own,” not ethnicity.

When it comes to photography - whether to use it in a CV or not - this needs to be researched, especially if you are applying for a job in different locations in Europe. In some countries painting is necessary, while in others it is not a practice. However, if you want to make an impression and if you want the employer to automatically remember that you were on the other side after the job interview, a photo can help. Explore the norms and follow the feeling and you won't go wrong with the photo!

EDUCATION

Education is the next column you write after personal information, and it, like all subsequent columns, is written in reverse chronological order - what is most recent goes first, ie the diploma that is currently at the highest level (college and only then high school).

What you must specify is:

- name of the university
- name of faculty/field
- expected/acquired title - if you have yet to acquire a title, indicate when
- duration of studies.

If you achieved an outstanding average during your studies, you can also emphasize that, but if it is average or below average, it is much better to omit it and focus on the things you excelled in during your schooling.

What is highly desirable to list, especially when looking for your first job, are the relevant subjects you have had the opportunity to take in college, relevant projects, as well as research papers.

For example, if you are applying for an internship at an audit firm, it is advisable to add all the subjects you have listened to and the work you have done that are at least partially related to the internship/job you are applying for, as this will set you apart to other applicants who studied the same program but did not list these qualities.

It is very important that you adjust your CV for each job and that you write only relevant things. If you have participated in student organizations and if you consider it relevant to the potential job, list them.

Be sure to indicate in this section if you have participated in any high school student exchange programs or during your studies. Elementary school is best left out given that the practice is to write the last two levels of education.

SCHOLARSHIPS

Although many avoid mentioning that they were scholarship holders during their schooling, this supplement after the "education" section is highly desirable, especially in Europe, as it shows that an organization/foundation has recognized in you a potential worth supporting.

If the faculty also supports you with a tuition subsidy, state this here because it shows that your potential was worth investing in you.

WORK EXPERIENCE

If you do not have work experience, be sure to list the internships, internships, one-time and seasonal jobs you have had the opportunity to work on. Employers will appreciate the fact that you are a diligent person who strives to progress.

When listing work experience, it is important to outline what your responsibilities were, as this way the prospective employer can keep in mind what exactly you have been working on, what your experience is, and how it can contribute to the company.

EXTRACURRICULAR ACTIVITIES AND VOLUNTEERING

This section depends a lot on what experiences you had, as well as what activities you participated in. In some situations, such as membership in a college club, you can list these items under the "education" section. Volunteering can also be combined with work experience if you have volunteered in more serious positions, but without monetary compensation.

LET'S BE COMPETITIVE!

However, if the engagement is extensive, it deserves a complete section where you, just as in the case of work experience, would list all your extracurricular activities and volunteering in reverse chronological order with the listed responsibilities in brief.

It is important to emphasize that this section should not be confused with hobbies and occupations, because extracurricular activities and volunteering are still responsible obligations that are a kind of unpaid internship and work experience.

CERTIFICATES AND ACHIEVEMENTS

This column is also written in reverse chronological order and it is important to mention only those that are relevant to the job or internship you are applying for. Also include the trainings and trainings you have participated in here.

ADDITIONAL SKILLS

For example, if you have decided to write that you are communicative, then that communicativeness of yours should be seen through some work/volunteering/extracurricular activity that you have been doing.

It is important to note that if you state knowledge of foreign languages, you do not represent knowledge of the language in some visual way (eg asterisks), but by a specific level of your knowledge (eg A2, B1, C1, etc.).

We hope
these tips
have helped
you create
your resume
and we are
sure that your
resume with
these few tips
will make you
present your-
self in the
best light.

THROUGH THE LENS

NAJLA ĐELILOVIĆ



ADNA ČEHATIĆ



JANA

MARIJANOVIĆ

LEJLA MAŠIĆ



HANA KOLASEVIĆ



THROUGH THE LENS



EMIRA MLIVO



ALEN MERAJIĆ



ANIDA ARNAUT

ZULKA MUSIĆ





Where do raindrops go

They say it's raining behind our curtains
And children that might not be children anymore
Rarely walk the old streets.
Do the roads still lead to the same places?

For a long time, I don't watch our street
And memories pull me to other endeavors
They tear my sleeves, but they can't have my hands
With them, I'll hug my street
Time to stop fantasizing about Sarajevo.

Longing for beauty, I looked through the window
And asked Him for another sigh
So I can watch the rain
And think for the umpteenth time
Do its raindrops breathe like humans?

Where do these weird drops rush?
Who awaits them at the bottom of the window?
Did they build their own castles
Or they listen to my sighs?
And again, they slide down the glass from the top

If I could at least know the reason
Why I'm worried about the tiny drops
Because I thought the heart cries out
Only for the rain above Sarajevo.

I would gladly extend the palm
To make it their home,
But they run away...
Looking for the sea
Yet they don't know that with the first sunshine

They rise above - to their initial home.

DEAR

HASTOR FOUNDATION,

My name is Marija Mrđa, and I was born on February 28, 1994, in Derventa. I've graduated from the Faculty of special education and rehabilitation at the University of Tuzla, Department for behavioral disorders. I'm a bachelor of social Pedagogy, and I work at JU "Centar za socijalni rad" in Derventa.

Being a Hastor scholarship holder for ten years means you followed me on my path of education and becoming an independent individual. I remember Teacher Ramo as a man who came to our town and visited the elementary school I attended at the time. Out of so many children, it was me who was chosen as an excellent student and someone who met all conditions to become your scholar. At that time, I wasn't aware of anything except the fact that my effort and commitment were rewarded with a scholarship. After elementary school, I enrolled in a gymnasium, and I remained a member of the Foundation. Already I was more aware of the Foundation's mission and I met some of my fellow citizens with whom I continued hanging out with during the following years on volunteer meetings. Throughout high school, I made an effort to fulfill both mine and your expectations, and my effort was rewarded as usual. I have to admit that it was only after enrolling in my college of choice that I understood the full extent of your support and how much your help means to me. Of course, each student has their expenses, and the scholarship that I received made my everyday life and studies much easier. Besides material support, I understood the extent of your ongoing moral support as well. During some moments when I thought something was impossible, I would say to myself that, besides my family, there are other people who believe in me and reward my effort, desire, and will to become an academic citizen. Honestly, trips to Sarajevo weren't always easy, but I would come back satisfied each time because each new trip meant meeting new people, new life stories, new experiences, and you did your best to make these Saturdays and getting up early worthwhile and educational through many interesting topics. There were jokes, laughter, and stories that were sometimes shocking, yet also motivating at the same time. It simply left a strong impression on me and kept me going.

Thanks to you, I started loving Sarajevo, and I come back to it eagerly. Thanks to your support and the support of my family, today I'm independent, employed, and ready for new challenges in life.

What made me reach out to you three years after finishing my education was passing next to the Foundation's building when memories about my student days, the best part of my life, started to flood in. Lovely people and volunteers offered so much provenance and gave me advice and warnings.

I fulfilled my volunteering obligations with other students in Derventa, and I transferred my knowledge and experience.



THE LETTER OF THE MONTH

I love coming back to these memories. Still, and I hope no one gets offended, the person I remember the most is Teacher Ramo as the person who was destined to do what he did. He was primarily a human being, before anything else. Everyone is destined for something, and he did what knew best with so much affection. Thanks to him, I'm a member of your family that was, at the time when I joined, much smaller than today.

Through social media, I see that your commitment is still ongoing, and I see you encourage and support an ever-larger group of young people. Like a child, you grow and mature with a bigger goal, motivation, and hope to encourage us to be independent.

It gets difficult, and we sometimes think that nothing is worth it. This can be observed most in situations when you hit a wall after you graduate and think about where and how to continue. A thousand questions wander through your head, and the loudest one is - was it worth it? I can tell you it was. The effort, studying, and sleepless nights were worth it. Facing everyday problems was worth it, and that's life. Sometimes we learn things the hard way. Young people leave in search of a better life. I was also wondering if I'll have to leave, even though I didn't want to, but a person needs to be ready for everything. Still, I stayed. I've upgraded myself and I broke through all situations life brings us. Our country is small but full of quality people who fight for their existence and who want to leave their knowledge here and transfer it to future generations. This takes additional motivation and tailwind, and you are the embodiment of that. You push young people further and you don't allow them to give up because knowledge is what remains, what lasts, and what you can always work on. Knowledge is the only thing no one can take away from you. It's your mission, your struggle, and I have to admit you excel in that fight. You come out as winners. I believe some situations can knock anyone off the tracks, but it's important to come back stronger and more ready to face new challenges.



I don't want to go on much longer, even though I could. This might also be too much, but I just needed to reach out to you. I needed to thank you for being there and for our joint success. I'd love it if your young scholarship holders understood your significance on time. I'd love it if there were even more people who invest in their knowledge and get better - trust me, it will be worth it in the end. Thank you for recognizing our country's greatest potential and for investing in it.

Thank you for everything and, no matter what life has to bring, I'll always mention you in the most positive context possible.

*Kindest regards,
Marija Mrđa*

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Ana Miljević
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Belma Gutlić

Belma Gutlić, "Ladybug",
watercolor on paper



FONDACIJA
HASTOR