

NEWSLETTER

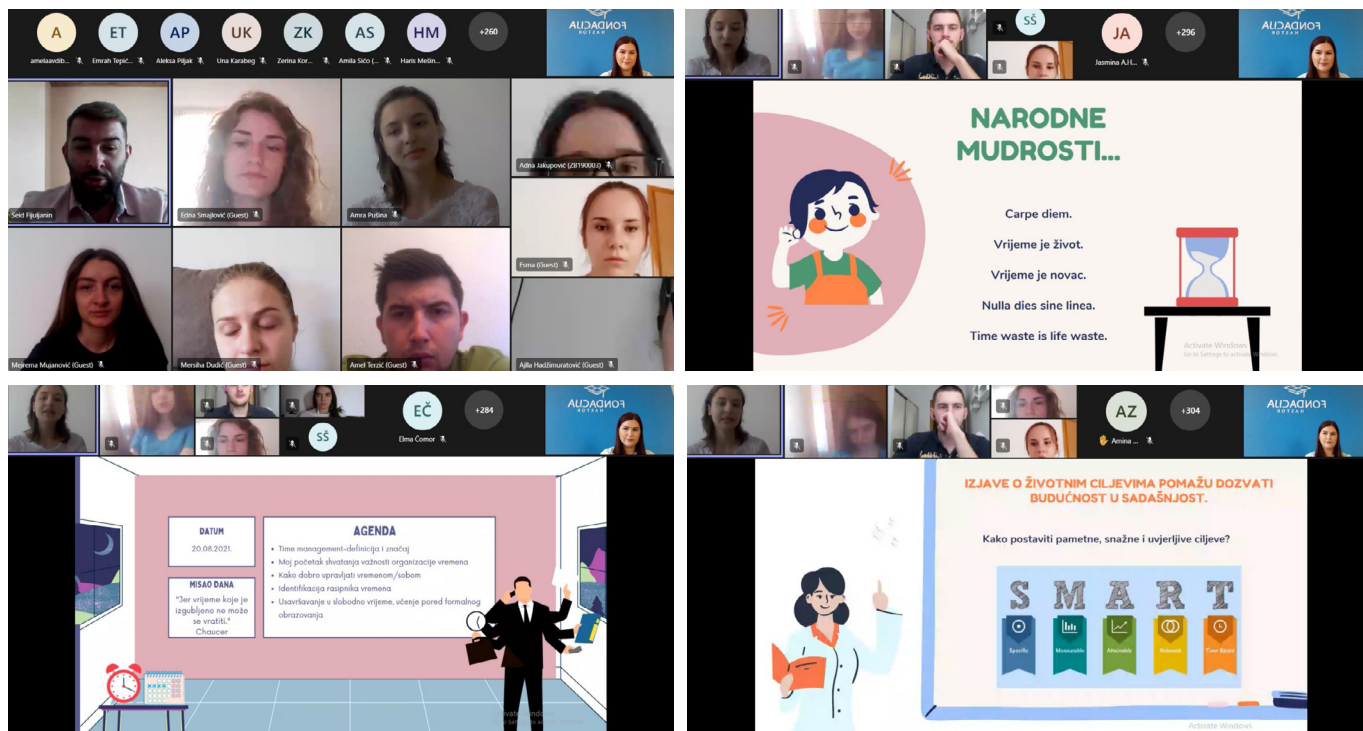


FONDACIJA
HASTOR

August 2021



NEWS



Scholarship Holders' Monthly Meeting

Time Management

The online meeting of university students held on August 20th was particularly important because the scholarship holder Amra Pušina prepared an interesting presentation about time management, very useful in the hectic life of the 21st century, where having good time management skills stands as one of the crucial elements in fulfilling and reaching one's obligations and goals successfully and productively.

The director of the Hastor Foundation, Seid Fijuljanin, started this month's meeting of scholarship holders by briefly talking about the Foundation's values. He suggested that each scholarship holder should remind themselves of the fundamental principles and objectives of the Hastor Foundation and that all scholarship holders must carry within themselves a sense for helping others. Helping other people through volunteering activities is one of the basic elements of the Hastor Foundation. The scholarship holders contribute to their communities by practicing volunteering and, at the same time, they are given a chance to recognize how important it is to help others.

Aside from this, the director of the Foundation emphasized that the scholarship holders establish lifelong friendships at the Foundation. Those friendships don't end once the students graduate, they persist through the activities of the Alumni Club of Former Scholarship Holders. In this way, former scholarship holders continue being part of our big family even when they officially stop receiving scholarships.

NEWS



The Hastor Foundation's director then gave the floor to the scholarship holder Amra Pušina who presented the topic "Time Management" to the attendees. Time management is seen as an ability to organize one's work productively and set work priorities.

At the very beginning of the presentation, Amra gave the scholarship holders an opportunity to give their own definition of the term, and later completed the definition, adding some other important elements. By using interesting sayings and quotes, Amra tried to stress the importance of time management skills which affect the lives of all of us. We could conclude that good time management increases productivity, contributes to achieving one's goals, reduces stress, and creates a good balance in life.

Even if we organize our time well, many other factors can sometimes make it difficult to realize plans and achieve goals. The scholarship holders talked about troubles they must deal with every day and listed their "time thieves". Amra proposed many other elements or situations which can prevent us from organizing our time and commitments well; and all of us agreed that using social media is one of the most popular time thieves. We concluded that finding and eliminating time thieves is crucial in increasing work productivity. Later, Amra gave the scholarship holders some tasks where they had to set their own priorities in relation to organizing their obligations, after which they presented their answers or talked about things that they were indecisive about. Amra additionally explained other important things about this topic and gave some suggestions as to how to use leisure time in the best way possible.

By attending the presentation at this month's meeting, the students were given a deeper insight into the importance of good organization; and we believe that each scholarship holder found some additional advice which will help them with organizing their tasks more productively and realizing them within a given period.

Bernand Baruch would say: "The man who can organize his time can organize almost everything else", and we could not agree more with him. We are looking forward to a new scholarship holders' monthly meeting – by then, our scholarship holders will learn how to manage their time even better.



SCHOLARSHIP HOLDER OF THE MONTH



The Hastor Foundation can be proud on its diligent, ambitious, and successful scholarship holders who achieve remarkable results in the fields of education and science. The team of the Foundation is composed of young people who contribute to its work by enriching it with their knowledge and skills. Precisely those values and dedication to volunteering is how our scholarship holders receive the title of Scholarship Holder of the Month. Let us tell you more about the student who claimed that title this month.

Every month, positive stories of our scholarship holders make us proud. It is nice to know that there are people close to us who work on realizing their dreams. Their noteworthy successes deserve to be noticed so that their effort can be recognized by the public, but also so that others could learn from their example and feel motivated to achieve similar results.



Amina Okanović

Scholarship Holder of the Month

Amina Okanović is 21 years old and comes from Zenica. She grew up in her hometown and graduated from the Primary School "Meša Selimović". After completing her primary education, she found herself at the first crossroad of life – which high school to attend? After a lot of thinking, she chose the Second Gymnasium in Zenica. Later, that decision turned out to be the best that she could make. She found out about the Hastor Foundation from a teacher in her high school. After class, she spoke to her parents and decided to send a letter to our Foundation. The response was quick, and next year, she became a scholarship holder and a member of our wonderful family. At that point began an inspirational story that has been going on for more than five years.

Volunteer meetings with her mentors are events that Amina will always remember with a smile on her face. During her high school years, she was a member, and later a captain of the first aid team. The team achieved remarkable results on the city competitions, cantonal and federal-level competitions. In these competitions, Amina won numerous rewards. She also attended other extracurricular activities, but first and foremost she wanted to help friends who needed help. Her mentors taught her those values which were also the values of the Foundation. Amina wanted the change to start from herself. In 2019, she became a voluntary blood donor. After finishing her high school studies, she became a software engineering student at the Polytechnical faculty of the University of Zenica. At that university, she was happy to meet a wonderful colleague who is also a Hastor Foundation scholarship holder.

SCHOLARSHIP HOLDER OF THE MONTH

In her second year of studies, she and her colleagues worked on a project called "NVO Cloud". Along with all her other duties and assignments they managed to achieve the best result possible. Their result was well known among university professors and the workers at the Ministry of Justice of the Zenica-Doboj Canton.

Unquestionably, knowledge is the key to success. Therefore, in our volunteer meetings, I always try to point out the importance of education. I have to admit that volunteer sessions make me very happy. Watching students younger than me grow up in people with ambition, in a process where I am engaged as well, gives an incredible feeling which cannot be described.



For this story to be complete, the effort of Amina's friends needs to be mentioned. The volunteering sessions in social centers, designing academic hats and providing guitar lessons are only some of the workshops that this team prepared for the youngest of the group. They also organized a field trip in January.

For the last five years, since I've been a scholarship holder, the Hastor Foundation has had an immeasurable influence on my life. Through the volunteering program, I was given a chance to collaborate and make friends with wonderful people. I must admit that the Foundation appeared at the most difficult point in my life and gave me hope for a better tomorrow. Along with the financial help, I think it is also important to mention the moral support of our Foundation. Knowing that there is always someone that you can ask advice for, turn to, and talk to is truly invaluable. It is hard to believe if you don't experience it and you don't become a part of a great community. It is exactly what motivates you every day to work on yourself and to be better. It is this desire for the effort that contributes to the very work of the Foundation.



As far as the future is concerned, Amina's primary goal is the completion of her education, bachelor and master studies, but also the acquisition of new knowledge and skills. In the end, she exclaimed that she finds inspiration and motivation in the motto of our Foundation which states: "To succeed, your desire for success must be greater than your fear of failure". If we leave our fears deep below our ambitions, we will succeed and produce great results just as Amina did.

RAM - RUBRIC OF ACTIVE YOUTH



RAM is, by definition, the working memory of a computer. In Bosnia and Herzegovina “the working memory” are the proactive and diligent young people whose actions make them an example of society that our country needs. Through this section of the newsletter, we will introduce our young activists, scholarship holders of the Hastor Foundation, who, in addition to volunteering, also do phenomenal things and in that way represent the Foundation in the best light!



Berun Agić

RAM Scholarship Holder of the Month

Berun Agić from Jajce is a second-year student at the Faculty of Information Technologies at the Džemal Bijedić University of Mostar and has been a scholarship holder of the Hastor Foundation since the 8th grade of primary school.

He points out humanitarian work as the volunteering activity that placed him on the road to doing good and helping others. He volunteers for the Red Cross Jajce, Merhamet Jajce (which includes a soup kitchen), the Center for Socializing and Education of Youth, where the kindergarten “Ciciban” operates, and the Association for Children with Developmental Disabilities “Waterfall of Love”.

Of all the listed locations, I am most active in Merhamet, that is the Jajce Soup Kitchen, and in the Red Cross. I started working at Merhamet, as well as the Red Cross, as a volunteer immediately after enrolling in college, because I knew that as part of the scholarship, I would need a place to perform my volunteering duties, and I thought those two places could help me contribute the most to improving the lives of people around me. My volunteer work at the Red Cross mostly comes down to directly assisting the Secretary of the Red Cross Jajce in his daily activities such as talking to Red Cross beneficiaries, writing reports for the cantonal administration, etc. In cooperation with Merhamet Jajce, my obligations are those assigned to me by the President of Merhamet in Jajce. These obligations mostly include the distribution of food packages when special shipments arrive, the distribution of daily meals to the users of the Soup Kitchen, which is organized every day at 11 am, and the purchase of groceries. I want to mention that my volunteering in Merhamet is the most emotionally difficult because standing in front of so many people of all nationalities and ethnicities only in the moments when they are being offered help, or food, you truly understand how much volunteering actually means and how much volunteering can help our most vulnerable members of society. It is thanks to this volunteering and contact with such people that one realizes how lucky he really is in life and how important it is to look at people equally.

RAM - RUBRIC OF ACTIVE YOUTH



Volunteering at Merhamet is certainly an activity I am most proud of. I believe that it is the moral obligation of us young people to try to enable everyone to feel happy in life, at least for a moment, at least through a smile on the street.



Berun's excellent knowledge of German was very useful when volunteering at the Center for Socializing and Education of Youth, where he helped organize a German language course, while he held German language classes at the Ciciban Kindergarten Center. His main task was to bring the basics of that language closer to children through games. For two years in a row, the "Waterfall of Love" has been symbolically helping the Association for Children with Developmental Disabilities by creating videos that were broadcast on World Down Syndrome Day.

In addition to the already listed numerous institutions, Berun found time for additional volunteering, so he very successfully performed the duties of a guide in the Museum of the 2nd session of the Anti-Fascist Council of the People's Liberation of Yugoslavia. In this way, he also served as a guide through the history of Bosnia and Herzegovina, but also through the history of the entire former Yugoslavia.

As a very communicative person, I enjoyed recounting our rich history to curious tourists and telling anecdotes about events that were important to my beloved city.

In addition to volunteering at the museum, he managed to volunteer in the field close to his faculty environment, at the FIT Coding Challenge annual programming competition organized by the Faculty of Information Technologies, where he helped organize the competition, welcome representatives of companies that had their own stands, receive and welcome competitors and guests, and clean up after the competition.

In addition to his college and volunteering obligations, when he finds time for rest he enjoys reading, relaxes with movies, TV series and games, and spends time in nature hiking and playing sports such as swimming and skiing.



RAM - RUBRIC OF ACTIVE YOUTH



Guided by the proverb "The world rests on the young", Berun believes that it is very important for young people to be active, primarily in their local community, and then in society in general.

The world we live in will sooner or later be left in our care, so we must be aware of what kind of world we live in and what it looks like, and with this knowledge, one day actively shape our environment for the better. Young people mostly have an uncorrupted and true moral compass and can contribute to great societal changes precisely because of this pureness and a new view of social problems. It is up to us whether we will have enough will and desire to achieve that.

Berun notes that the Hastor Foundation is a strong motivation to actively start volunteering in institutions where he can help people and make a positive change in his community. He says the he will forever be grateful to the Foundation.

Finally, he sends a message to all Hastor Foundation scholarship holders:

The best tool that people have is knowledge, so let's try to expand our knowledge day by day and use it to build a better tomorrow for all of us.



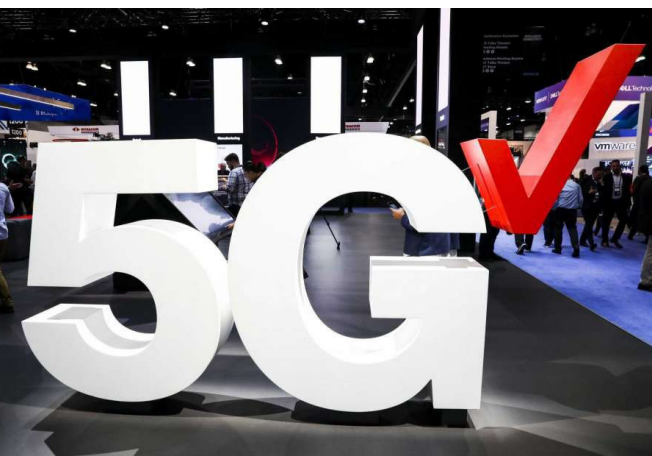
INTERESTING FACTS



5G network

You have probably read about 5G technology countless times. Many portals have broadcast various stories, statistics about this technology, but have you ever wondered what 5G really is and what does it actually represent?! With the development of smartphones and other technologies that we use every day, mobile networks have also developed, and the 5G network represents the fifth generation of mobile networks and is currently in the testing phase in the world. Each new aspect of this network represents an advancement in technology, which allows us faster access to the Internet and a larger number of networked users at the same time.

Advantages of 5G network



- ☑ The 5G network will be thousand times faster than the 4G network that currently covers most of our country.
- ☑ Higher device efficiency, higher network reliability and the ability to connect up to a million devices per square kilometer.
- ☑ Very fast internet and stable connection without "cracking".
- ☑ Signal delay will be reduced, which will also improve the way you watch live broadcasts.

This technology is expected to improve living conditions accompanied by daily downtime, because with the arrival of this network, the infrastructure will function better, and with it the traffic (drivers will be notified of the color change at the traffic lights and will be more responsive). All this implies a greater development of artificial intelligence, which will significantly affect its use in agriculture, health, education and other spheres of human activity. Given that many areas are already developing in the direction of this network (such as the automotive industry - self-driving cars), its application, according to experts, will be inevitable. Of course, all this is reminiscent of science fiction, especially if we take into account the fear of the lay public that is spreading on the Internet, which is not the answer of experts, given that this network is still scientifically debated and tested.

Experts say that the 5G network should bring multiple benefits that the current 4G cannot achieve. Just try to imagine a city where heat consumption is automatically measured or cars communicate with each other via sensors so we have a reduced number of accidents. All of this comes with the 5G network, but when it will be available remains a big question because many requirements must be met for the safety of residents. If you want to find out more, we advise you to visit the official website of the European Union on these issues, where reliable and verified information is presented.

LET'S BE (MORE) COMPETITIVE!



In the 21st century, it's not enough to achieve great success during one's education to make the person attractive at an international level, level of studies, or level of employment. It can often be observed that recent bachelor's or master's degree graduates are unemployed, yet they applied and sent their biographies (Curriculum Vitae) to many job advertisements. Fewer and fewer young people know how to properly use the online resources they have at their disposal (e.g., proper email etiquette). This section's goal is to promote educations, seminars, and exchange programs, but also to show how international-level students work on their improvement.



Where to learn a new foreign language online?

We live in a time where it's almost implied that a young person knows at least one foreign language, and it's often English that is being taught in Bosnia and Herzegovina since primary school, and after that, it's the German language. Still, when you know the basics of these languages, it doesn't make you that competitive when knowing a foreign language implies some of the languages that everyone knows. Because of that, you can achieve a grad advantage in comparison by learning another foreign language, and it's knowing its basics that can later be the detail to tip the scale in your favor. Next, we bring you some useful applications you can use to learn a new language and become more competitive in the job market in the long term.

LET'S BE (MORE) COMPETITIVE!



Duolingo

Duolingo is among the top-rated language learning apps, as evidenced by the fact that both the Google Play Store and AppStore named it the best app overall in 2013. The application functions as a game in which you get points for each correct answer, and there is also a currency within the game, the gems you use to buy in-app content.

Users of this application learn the language through repetition, speaking, and conversation. Lessons become more difficult as the user progresses, and unlike many other applications, "Duolingo" is less oriented towards grammar. It can be learned independently or in a team, and the app is so much fun that you can easily become addicted to it. Even when you make mistake, you can find comments from other users who often explain what is correct and why in the comments, and you can also comment and ask questions to others.



Memrise

The "Memrise" application starts from the assumption that learning is like growing plants. First, you plant new information in your garden, then you water it, and watch it grow to become part of your long-term memory. The app offers great imaginative learning features that include mnemonics and shape-shifting images as well as quizzes that make learning easier. There are different modules that depend on the user's prior knowledge, and you can search for words in several different manners, such as by the most commonly used words in a language.



Busuu

What sets "Busuu" apart from other language learning applications is the ever-growing community of users. In addition to being able to learn how to write and speak one of the 12 languages offered, this app encourages you to listen and speak a foreign language through interaction with other users who are native speakers. On this application, you can also find quizzes, various interactive lessons that further motivate you, and within the application, there is an integrated video chat through which you can communicate with people whose mother tongue you chose to learn.

LET'S BE (MORE) COMPETITIVE!

MindSnacks

MindSnacks provides users with a free and fun way to learn about foreign languages and cultures. Its eleven lessons are designed through simple games that provide a fun and exciting learning experience. Each lesson is set as a task for beginners where users have to solve a series of colorful puzzles that are aligned with their prior knowledge. In short: colorful, interesting, and very, very meaningful.



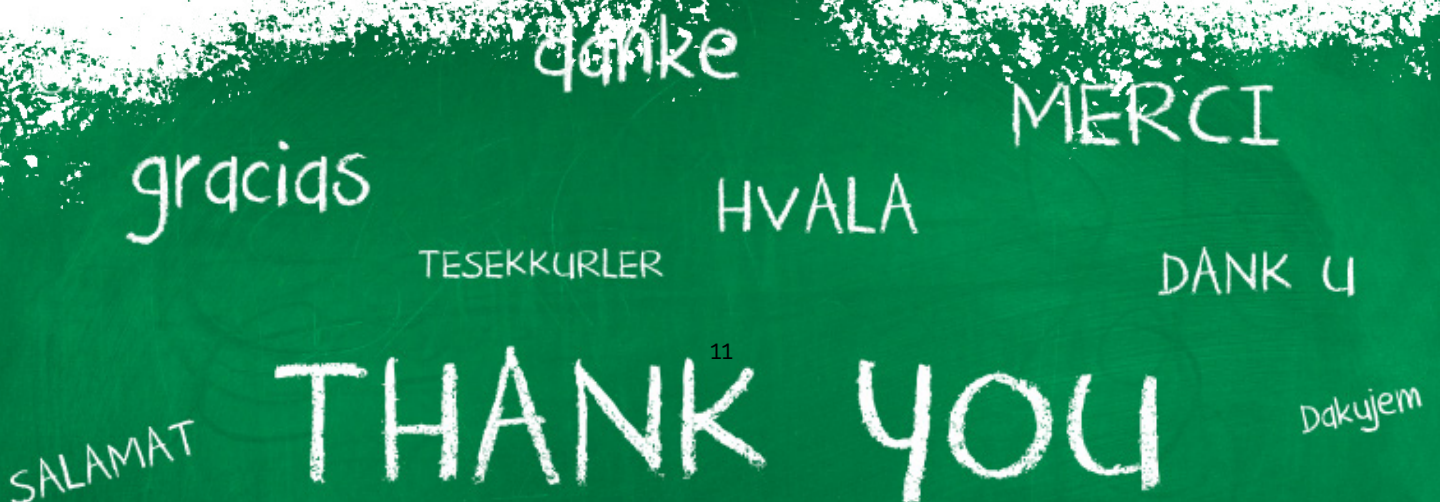
Hello Talk

"Hello Talk" is another application that allows users to interact with native speakers who can exchange text and voice messages via an application similar to WhatsApp chat. Users can correct each other using an error correction tool that transforms communication into a foreign language lesson. The application also has a translation tool in case the communication in a foreign language goes wrong, as well as a useful text-to-voice option that converts the text into voice, so you will not have doubts about how a word or phrase is pronounced in a foreign language.

We hope that you'll use some of these applications in the future and that you'll become richer by knowing another language in the long run.

Translated by: **Vedin Klovo**

Prepared by: **Una Karabeg**



THROUGH THE LENS



LETTER OF THE MONTH

Dear Foundation,

Today my doctoral studies officially started and thus I stop being a scholarship holder. I was a scholarship holder for almost 5 years. It all started when the high school principal recommended me to the Foundation and eventually, after the interview, I was selected to be a Hastor Foundation scholarship holder. Financial aid meant a lot to me in that period when my parents were unemployed, but mentoring help meant more to me. I had a wonderful mentor who may not have been an expert in the field of science I wanted to study, but her help meant a lot in other ways. She was the person I could talk to about anything, and she would listen to me every word.

After high school I enrolled in the Department of Information Technology at Burch International University. I had a scholarship in the form of a discount on the annual tuition fee, but again I had to pay a certain amount of money to the University. Here again, the importance of the Foundation was shown because with the Foundation's scholarship I could pay the tuition and go to the desired faculty, and my parents would not be able to pay for me, nor would I allow them to do so. As I became a student, so did I become a mentor at the Foundation. I thought it was going to be hard, and it was at times because I was working with a child with developmental disabilities, but again it was a pleasure to work with them. The kids were always grateful for the help and seeing the smile on their face made me twice as happy. Now, when I see them in passing, they always wave to me with a smile which I recognize as proof that I have been a successful mentor.

The Foundation even sent me to the WeAreDevelopers conference in Vienna in 2018, which was an extraordinary experience where I met a lot of people from my profession. Over the years at the Foundation, I have gained many friends with whom I'm still in contact and who have helped me in various situations. I completed my undergraduate studies and continued my master's studies in Sweden at Mälardalen University. At the same time, I took over the Foundation's web platform and worked with the Foundation's administration, a wonderful, warm, and reasonable people with whom I was honored to work. I finished my master's degree and was offered a doctorate at Mälardalen University, thus continuing my "adventure" in Sweden.

During these 5 years, I have progressed far as a person and I would not be so successful today if it were not for my mentor, financial help, wonderful administration, everything that makes up the Hastor Foundation. Thank you, Foundation, for these 5 years, you were my second family. You accepted me as a high school student and now you are letting me into the world as a scientist to make it a better place. I may no longer be a scholarship holder, but I will always be a member of the family that makes up the Foundation and I will always be there.

Thanks again!

Greetings,
Aldin Beriša

WORK OF THE MONTH

My homeland Bosnia and its landscape inside of me

My homeland, my most beautiful paradise,
I talk about you wherever I go,
You are my pride and joy,
For me, there's no single familiar face in the strange lands

Everything I am and everything I'm ever gonna be,
I will thank you, Bosnia, for that.
I will never leave you,
Because I can't find happiness in another country.

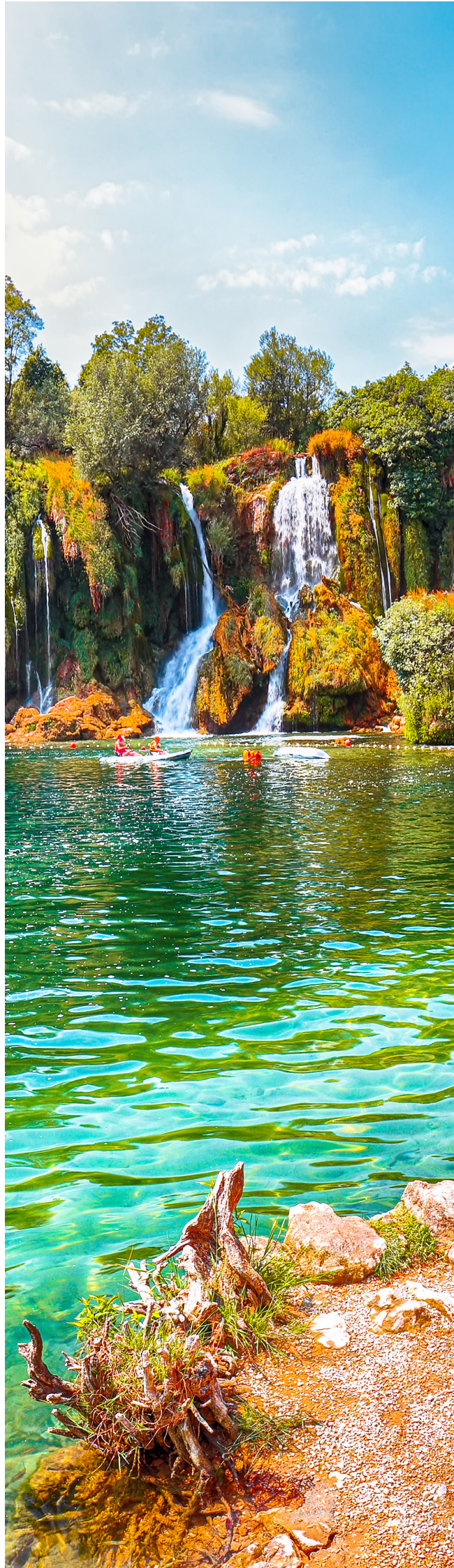
Thank you, my only one, for letting me lead a peaceful life
For letting me walk peacefully through your gardens and
meadows.
I love even the bear cliffs of yours
Every part of me loves Bosnia.

You are, my Bosnia, my mother,
Sevdah and almost every song speaks of you.
You are indescribably beautiful, beautiful as a dream,
I couldn't spend another day anywhere else.

Mašić Alisa

MSŠ „Musa Ćazim Ćatić“ Kladanj

Translated by: **Ajša Đuherić**



POETRY CORNER

The day we'll become one

When you see my shadow in the evening
And when you hear someone pleading
To stay in the skies for one more moment
And to adorn the Earth for one bit longer
Do not cry!

At dawn, when you see
The last traces of my face
And when you hear someone pleading
For you to reach the skies right away,
And to adorn the Earth even on that day,
Do not cry!

Because one day the sky will accept
Both your flaws
And my good sides.

I know,
That day is not close,
But don't let tears wash your face
Because when the end of this world comes
Our beginning is yet to come.

Then the stars and the sun
Will adorn the nights,
Will brighten the days
And there will be no falling stars
Nor the sun that briefly seeps
Only one Eternity that connects
You and me
Until the end
That's not there
Just like the day I'm telling you about.

Cry, however
Because you haven't believed in dreams in
a long time
Dreams I'm living
So don't believe in the day we'll become
one
It's just another one
Of my miserable dreams.

Nedžma Latić

Translated by: Ajša Đuherić



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