# NEWSLETTER

### November 2021



## NEWS

### Monthly Meeting of Scholarship Holders

### **Morning Dose** of Inspiration

Hastor Foundation scholarship holders are often given the opportunity to reconsider their decisions, and they often reflect on their responsibilities and obligations as Hastor Foundation scholarships holders. Accordingly, the Hastor Foundation has prepared a lecture for the November monthly online student meeting that will help many scholarship holders understand the very concept of personal responsibility and how it can manifest in a variety of situations and circumstances.

On Saturday, November 27, 2021, a monthly online meeting of student scholarship holders was held. On a gloomy November morning, the light was brought on by this month's lecturer Naida Duvnjak-Šehović, Human Resources Development Director of Prevent CEE, and a psychologist. Naida wanted to share, as she calls it, a morning dose of inspiration with our students that will motivate them and launch them to new victories.

Through an interesting lecture and workshop, Naida successfully demonstrated how different roles we have in life and the responsibilities we face can determine our future careers. What she emphasized as especially important is the issue of personal responsibility, ie. the responsibility we have for our own lives. In addition to the issue of personal responsibility, lecturer Naida, through interaction with fellow students, talked about how much each of them understands the segment of work they do, their responsibilities, and their willingness to take full responsibility for a business process from start to finish. Scholarship students came forward with their examples and remarks, especially when Naida explained the internal and external locus of control that interested them. The workshop prepared by our inspirational lecturer encouraged the students to think about many situations they often encounter and their responses to these situations. The responses can sometimes be wrong because, as the fellow students concluded, sometimes the external locus of control is responsible for a situation and the outcome is beyond our control.

The director of the Hastor Foundation, Seid Fijuljanin, also joined the discussion on the locus of control, commenting on the importance of responsibility towards oneself and the potential mark we will leave. The director emphasized that the impact students leave on primary and secondary school students through mentoring leaves an indelible mark on younger scholarship holders for whom older scholarship holders are a role model and motivation in their further education. In addition to the role model that younger fellows see in their mentors, the director talked about the great support that younger students see in student scholarship holders and how, over the years, they become just like their mentors who were their role models and inspiration. The entire Hastor Foundation family is especially proud of this because scholarship holders and former scholarship holders primarily grow into good, responsible, and hard-working people who enrich the society of Bosnia and Herzegovina.

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The director then spoke to the fellow students and announced the signing of scholarship agreements, when the students will finally gather in one place. Student scholarship holders are, as the director says, an army of change and positive things that will bring many useful things to Bosnia and Herzegovina. The principal concluded this month's meeting with cordial greetings to all the fellow scholars and our lecturer Naida.

1

O čemu govorimo?

Lična odgovornost je "ona vrsta odgovo koju imamo za svoj vlastiti život – za nai tjelesno, psihičko, mentalno i duhovno zdravlje" (Juul 1995. str 132.).

Odgovornost Lična odgov

amosvijest o onome

što (ne)trebamo (ne)želimo

hoćemo/nećemo

# NEWS

### Scholarship Agreements for Primary and Secondary School Scholarship Holders Have Been Signed

Like every year at this time, the Hastor Foundation renews scholarship agreements with current scholarship holders, elementary and high school students, but also expands the family with new members. Signing new and renewing old contracts is one of the most significant and faithful confirmations of success for the Hastor Foundation, in its intention to work every day to give as many children with a more difficult socio-economic status the opportunity for progress, education, and, most importantly, strong support which accompanies and preserves them as they grow up. For its scholarship holders, the Hastor Foundation is a nest and refuge, a place where they can always seek unconditional support and encouragement, and a place from which, after growing up and becoming self-confident young people with clear visions and ambitions, they go richer for an irreplaceable life experience. This justifies the desire of the Hastor Foundation to provide its scholarship holders not only with financial but also support in every other aspect of their lives and professional and personal development.

This year, too, contracts were signed and meetings were held with new scholarship holders. Their stories confirmed the importance of the Hastor Foundation's mission for the young people of our country. It is also worth mentioning that primary and secondary school students find a positive example at the Hastor Foundation, given that they grow up with it and realize the true values of

life. This is confirmed by the fact that diligent primary and secondary school students. who are scholarship holders of the Hastor Foundation, are holders of the most prestigious awards, medals. and trophies from numerous competitions within Bosnia

and Herzegovina and in the

region. From the very beginning, the Hastor Foundation has been convinced that by investing in young generations, it is investing in a better and more promising future. By giving positive examples to these young people, they will certainly grow into promising, ambitious, self-aware, and conscious individuals who will strive every day to promote and affirm progress in all fields.

Among the youngest scholarship holders who signed the contracts, the Hastor Foundation sees future economists, doctors, engineers, teachers, professors, entrepreneurs, leaders, and, most importantly, philanthropically aware young people who will bravely carry the flag of improvement and progress. Among their names, it sees adults who will develop the idea of helping and compassion in the future and who, brought up on the values promoted by the Foundation itself, will continue its mission proud of the fact that they had the opportunity to grow up with the Foundation. The scholarship agreements signed each year represent another step forward, another realized wish, and another opportunity to provide support to primary and secondary school students in every other aspect of their lives, apart from the financial incentive. We look forward to their successes, and the Hastor Foundation will, as always, know how to appreciate and unconditionally support them.



# SCHOLAR SHIP HOLDER OF THE MONTH

The Hastor Foundation can be proud of its diligent, ambitious, and successful scholarship holders who achieve notable results in the fields of education and science. Therefore, the Foundation's team is comprised of young people who contribute to its work, improving its quality with their knowledge and skills. It's exactly those values and dedication towards volunteering work that are analyzed every month to award the title of the "Scholarship Holder of the Month". In the continuation of this article, read about the student who claimed the title this month!

### Elma Hasanspahić

Elma Hasanspahić is a scholarship holder of the Hastor Foundation and a student at the Faculty of Economics, University of Zenica, Department of Management. She remembers her love for this vocation from an early age:

Growing up in a small community and listening to stories about low wages, the introduction of a word called "V.A.T.", the political and economic situation in our country, eternally high market prices, I decided that economics is exactly what interests me and where I see myself in the future. Answering the questions of that girl from a while ago, I became a person who wants to change the state and the system in which she finds herself. It is then that the Hastor Foundation came into my life. It is the main responsible "culprit" for initiating all my internal changes, maturation, and knowledge of myself and the world around me, for which I am immensely grateful.



She points out how the Foundation taught her how to get out of her comfort zone and express her opinion on unusual topics that we do not have the opportunity to learn about through formal education. Through talking to mentors and fellow scholarship holders from her group, she realized that conversation and discussion can greatly impact a young person's way of thinking.

Back in high school, I decided that it was time to give other people, who, unfortunately, are not scholarship holders of the Foundation, the opportunity to see things from another angle – the angle of non-formal education. As the best opportunity for that, I choose my high school, where I was elected president of the Student Council and since then I have engaged over 400 high school students in various informal activities that have contributed to their personal development. My engagement in the Student Council lasted for three years, until the end of my high school education, when, despite that engagement, I was active in many other non-governmental organizations and had the opportunity to meet high school students from different parts of Bosnia and Herzegovina. The foundation taught me how to fight to achieve my goals independently and without the help of others. It taught me that perseverance is a trait without which there is no success on an individual level.

Through her path of volunteerism and activism, she had the opportunity to try her hand at journalism, acting, hiking, strategic planning, and many other things that were part of the projects in which she participated.

# SCHOLAR SHIP HOLDER OF THE MONTH

As a member of the Youth Press Association of Bosnia and Herzegovina, she has participated in writing journalistic articles and texts for the Preventeen magazine, Balkan Discourse, and the international Youth Time Magazine, and has recorded various acting experiences while making short films and documentaries, as well as the play "Youth in the Age of Corona", of which, she points out, she is most proud of.

> It is a play that talks about the psycho-social condition of young people during the coronavirus pandemic. I am extremely honored to have had the opportunity to participate with other young people in creating the play and presenting it to audiences from other local communities in Bosnia and Herzegovina.

> > Today, after three years with the Foundation, her activist path has reached an international level. After getting to know all the beauties of Bosnia and Herzegovina, the problems and needs of young people in it, Elma took a step forward and decided to get to know the problems and needs of young people in the Balkans, Europe, and the world.

It was the Foundation that encouraged me throughout my engagement, motivated me, and gave me hope that I could succeed in everything I imagined. I believe that the meeting with the Foundation happened at the right time, just when I needed it most and when it was supposed to be the trigger for all the changes that followed.

Something I am most proud of in terms of my engagement is all the young people I have motivated to change the communities in which they live. I am most proud of the space adaptation project, which today represents a functional place for the progress and development of young people, and that is the Zenica Youth Center. Together with other activists, I had the opportunity to undergo training for managers of the youth center, and today I organize and attend organized activities by other young people in this area. I am really proud to have been a part of such a significant change for my community.

Currently, her activist engagement is based on human rights in Bosnia and Herzegovina, gender equality, women's rights, examination of (non)existing patriarchal attitudes of society, and related topics. She points out that, with the Foundation, she overcame her fear of public speaking, and so far she has had the opportunity to participate and give speeches at over a hundred public forums, panel discussions, seminars, workshops, and similar.

The message I always single out for all young people is: "The best project you can work on is yourself," and I believe that working on yourself does not have a prescribed pattern, standard, or rules that we must follow. The most important thing is the knowledge of ourselves, our problems, ambitions and desires, and the will to fulfill our goals.



- 4 -

# RAM – RUBRIC OF ACTIVE YOUTH

RAM is, by definition, the working memory of a computer. In Bosnia and Herzegovina, "the working memory" is the proactive and hard-working young people who stand as an example of the people whom our country need. This rubric is intended to introduce the active and young scholarship holders of the Hastor Foundation, who, besides volunteering activities, do other amazing things, and by doing so, represent the Foundation in the best way possible.

Volunteering has been at the center of community building lately, precisely because it promotes trust and reciprocity. People are encouraged to be conscientious citizens, and they are provided with an environment where they can learn about duties regarding democratic engagement in the life of their community. In the text below, we bring you a story about a diligent volunteer at the Red Cross who is also a scholarship holder of the Hastor Foundation.



### Ajla Imamović

Ajla Imamović from Živinice is a fourth-year student at the Study Program of Sanitary Engineering at the University of Tuzla. She has been the Hastor Foundation's scholarship holder for five years, and she says that the Foundation has greatly influenced her social and professional development, which is something she is very proud of.

She joined the Red Cross unit in Živinice in 2017, primarily to receive the necessary first aid training. She considers that she has, thanks to the Red Cross, acquired a lot of experience in all fields of her activity that is in accordance with the statute, mission, vision, and principles of this humanitarian organization. After completing her training, Ajla says that she had a wish to learn about other spheres of the organization as well.

Thanks to this organization and my attachment to it, I have taken part in a first aid competition, first aid skills demonstrations, blood donation events, different lectures (which I still teach to new volunteers), celebrations

of special dates, organization of sanitary security at different events, collection and distribution of humanitarian aid packages, organization of numerous camps, exchanging experiences with volunteers from other organizations, and, something that could not be overseen during the pandemic, the fight against the coronavirus and the vaccination of the population.

As one of many activities realized under the auspices of the Red Cross, Ajla points out her taking part in the organization of a youth camp that focused on completing several workshops. The workshops emphasized psychotherapy and activities directed towards controlling depression and stressful situations encountered by volunteers during their activities.

Taking part in this camp subsumed, among other things, raising awareness about psychotherapy and ways to treat depression which is big a problem in our society, especially in the time when we encounter many hardships and obstacles followed by numerous problems. Also, this event helped me understand how important it is to affirm positive universal values, as well as to promote such principles and activism.



# RAM – RUBRIC OF ACTIVE YOUTH

While taking part in the camp, she says that she succeeded in creating a concept with other young people, which enabled them to exchange experiences and make progress in different aspects of their activities, instead of just stagnating in a society that sometimes has a negative impact on us. Ajla is proud of events of this type because she believes that such events contribute to creating new paths in life that young people can be proud of. Occasions like this form new friendship networks, with the help of which we can act together and resolve everything that poses a problem at a given moment.

Another positive story is that we managed to gather 80 people in a natural environment without thinking too much about things that increase stress and cause anxiety. Those young people had a chance to move away from their mobile phones and contemporary technologies, which, apart from all the positive factors, have many negative ones which affect us and the surrounding we have found ourselves in.





In collaboration with the Red Cross, as well as longterm dedication to activities and lessons that tackle different topics and volunteering activities, Ajla worked on promoting the benefits of volunteering, social activism, to her colleagues, as well as different factors that comprise an individual and have a positive influence on the environment

As the Hastor Foundation's scholarship holder, she has had a chance to encounter numerous ways of social affirmation, volunteering, and creating a healthy environment for every person that is going through the process of developing and creating a personality. I want to use my example to encourage scholarship holders to be the change they want to see because young people do not have to be our society's problem, but rather a resource to be used and supported. The Hastor Foundation's scholarship has given me the motivation to work and actively participate in the non-governmental sector.



- 6

# **INTERESTING FACTS**





#### Einstein of the modern age

Everyone has a certain type of intelligence that they either enhance or neglect. If we want to achieve great results in various fields with work and effort, we must discover our talents as soon as possible. The youngest professor in history, Isaac Saborno Bari, is an example of how the combination of talent, effort, and work can make an 8-year-old pupil become the world's youngest professor in history. He spoke his first words when he was six months old, and he solved complex math problems at the age of two. His parents quickly found out about his talent. They started uploading videos of Isaac solving math problems on social media, and this made some editors recognize him as a potential guest for their shows. Not long after, Isaac was a guest on the television program Voice of America (VoA), where his intelligence was tested with different examinations. He answered difficult questions that were meant for Doctors of Science. He became the youngest guest on this show.

#### University professor

After recognizing his talent, professors from various universities politely asked this boy to hold guest lectures and even be a guest professor. Among the first who recognized his talent were professors from MIT, where Isaac holds lectures on computer science and physics. His talent for natural sciences gave him a chance to write algorithms for NASA. Because of his position and talent, he was called the "Einstein of the modern age". He is currently a professor of mathematics at Baruch College and the New York City University, and a physics professor at the New Vision Chatter High School for Advanced Math and Science.

#### Awards and acknowledgments

As a 4-year-old boy, Isaac received the "Global Child Prodigy Award" from the Nobel laureate Kailash Satyarthi. American president Barack Obama sent a letter to Isaac to show his respect and support for his future work. He received the same support from Harvard University, and New York invited him to attend the special study program for gifted and talented children.

His activities can be followed on his YouTube channel named "Bari Science Lab", where he explains math problems and other interesting facts from this field.

# LET'S BE (MORE) COMPETITIVE!

In the 21st century, success in the educational field is not enough to make a person attractive on an international scale, or for studies and employment opportunities. It can often be heard or seen that recent Bachelor or Master's degree graduates are unemployed, despite sending their CV (Curriculum Vitae) to apply to many published job postings. Fewer young people can properly use available online resources, such as correct e-mail etiquette. The purpose of this section is to educate young folks about applying to various educational courses, seminars, exchange programs, but also to demonstrate how students around the globe work on self-improvement.

### WHAT SKILLS DO EMPLOYERS WANT? (PART 3)

When employers look at a graduate's CV, they are focused on finding evidence of problem-solving and teamwork skills. NACE Job Outlook 2020 is a survey that shows that, in addition to the grade point average, the skills just mentioned are most important to employers. More than 91% of employer respondents require knowledge of problem-solving skills, and more than 86% want proof of skills to participate in teamwork in the candidates they hire. We are expanding the list of the top 10 most desirable skills we showed you in the previous two editions with 5 more skills this month, ranked 11th to 15th according to this research, as well as tips on how to build and/ or improve them.

### Flexibility/adaptability

You may need to start working on improving your adaptability and flexibility by changing your mindset. Normally, if you don't like the change, try to simply accept it and find something positive to focus on. Concentrate on the things that are under your control, not on those that are outside of it. Look for ways to challenge yourself. You can choose a course or project that will academically kick you out of your comfort zone, or you can offer to take on more responsibilities in your part-time job. Certainly, you could try a new hobby or sport, or move into a different social circle that will make you work with people you haven't worked with before or otherwise wouldn't want to.

62,7%

### Interpersonal skills - a good relationship with others

These skills are ranked 12th, with the same response rate as flexibility/ adaptability, and you can improve them in the workplace in many ways. One of them is to promote a positive culture in your future workplace, get actively involved in meetings where the company's goals are discussed, so you will become closer to your colleagues and get to know the company better. Don't shy away from team activities - although it's sometimes simpler or even easier to work on your own, team activities are very important because that's how you can best learn how to have a good relationship and communication with other people. Try to listen more to other people and incorporate their ideas into what you do together, and if you also use positive body language (smile, open attitude, kind communication, etc.), then you are certainly already halfway there.

# LET'S BE (MORE) COMPETITIVE!

### **Computer skills**

Whether you see yourself in the IT industry or not, with the advent of new technologies - and even the growing number of hybrid job variants resulting from the coronavirus pandemic - all young people need to devote time and attention to developing their computer skills. This does not necessarily mean that you have to learn how to program, but for a start, it would be good to have self-confidence when it comes to working in Office software tools because almost every company uses at least one of the Office programs (e.g. Outlook, Word, Excel and others) for communication or drafting documents. We are sure that you have all already worked in these programs, but there is no harm in learning how to work in them more effectively and efficiently.

### **Organizational skills**

If you are not someone who is naturally organized, don't worry, it is easy to learn how to develop this set of skills. Organizational skills mean you have the ability to use your time and resources efficiently and effectively. You can manage your time, energy, and physical workspace so that you can perform tasks successfully. The best way to develop organizational skills is to really own your calendar. Block the time where you need to get the job done. Then create a schedule that you will be able to follow realistically. What is important to emphasize is that you need to find a way that suits you. Do you prefer to use a physical or digital calendar? Whatever it is, you need a "tool" to help you stay organized, and it may be something from above or maybe even some other option.

# 47,1 %

### Strategic planning skills

Strategic thinking, if done correctly, encompasses ideas, strategic planning, and operational planning and helps you come up with the most effective course of action for your given situation. It includes all the questions (what, why, how, when...) and significantly increases your chances of success. If you think strategically, you always have a broader picture in mind - especially when you have a large amount of data, then it is easy for you to determine the path you want to take. However, don't forget to be flexible with the strategy (a skill mentioned in 11th place!) - things sometimes change so rapidly that it is often necessary to change the strategy on the same day due to newly available information. Stay with the main idea. look at things from multiple angles, and then decide if the "old" strategy is still valid or maybe it's time for some changes.

Next month, we will share with you the last 5 skills covered by the survey, ranked 16th to 20th, and give you tips on how to improve them.

54,9

9

# THROUGH THE LENSE



Amina Zukan

Merima Rahmanović





Hanna Helać



# POETRY CORNER

Wandering

I wander, Looking for a way to forget, to start again, to love life.

I wander,

I find myself, there, at the end of the street, I stop and think of you.

> I wander, but I don't forget that what was, remains, that a new life begins.

I'm wandering, but I'll find it What I want, I will succeed Sure, but slowly, I'll get to you.

Adna Abazović

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