

NEWSLETTER



FONDACIJA
HASTOR

June 2022.

Introducing New SCHOLARSHIP HOLDERS

We can proudly say that the Hastor Foundation has been enriched with 42 new scholarship holders this year. With their ambition, they will undoubtedly contribute to the achievement of the Foundation's goals. This month, we are extremely pleased to present the second group of our new scholarship holders and welcome them once again to the Hastor Foundation.



AMINA NUHIĆ

A new scholarship holder is also Amina Nuhić, she is 22 years old and comes from Živinice. Amina is a third-year student at the Faculty of Medicine in Tuzla, Department of Health Studies – study of medical laboratory diagnostics.



I found new friends and made new acquaintances at the Hastor Foundation. The Hastor Foundation, in addition to financial aid, also helps us filter into many fields through various educations and improve our knowledge and skills. Although I have only recently received a scholarship, I am grateful for everything the Foundation has done for me.

She was declared the Živinice Champion of Knowledge, and she is also the winner of the Tuzla Canton Hero of the Generation award. She has been a "Red Cross" volunteer for many years, where she went through various educations and earned the title of make-up artist for injuries, conditions, and diseases. She was recently declared the best make-up artist in the territory of the Federation of Bosnia and Herzegovina. In addition to the above, she is also a member of the Cultural and Artistic Society of Živinice and the "CasCader" production, which is engaged in the recording and realization of short films. It is also worth noting that Amina recently became a member of the City Theater in Živinice.



IZUDIN BEGOVIĆ

Izudin Beganović comes from Tuzla and he's a fifth-year student at the Faculty of Medicine at the University of Sarajevo.

Thanks to this scholarship, I can do what I love the most, which is to help people in my environment. Having become familiar with the basic goals of the Hastor Foundation, I knew that this was the place and environment in which I wanted to operate and develop my own abilities.



In his spare time, he likes to learn languages and go hiking. Izudin points out that he loves travelling and that he travels whenever he finds the time for it.

Introducing New SCHOLARSHIP HOLDERS



HADŽERA SELIMOVIĆ

Scholarship holder Hadžera Selimović comes from Sarajevo and studies international relations at the Sarajevo School of Science and Technology. She is a second-year student.



I am honoured to have become a scholarship recipient of the Hastor Foundation and to share values such as humanitarianism and commitment to the community in which I live. I expect that within the framework of the Hastor Foundation, I will grow on a personal and professional level and that I will improve my community as much as I can.

She has been volunteering as a youth activist since she was twelve years old. She had the opportunity to be part of numerous projects in many organizations in Bosnia and Herzegovina. In addition to her formal education at the university, she is currently a young European ambassador for Bosnia and Herzegovina in the EU and, in line with this title, has become the voice of young people in the EU community. In addition, she is the organizer of the TEDxYouth global conference, a member of the BOLD network of young leaders of the American Embassy in Sarajevo and the "Chatham House Common Futures Conversations" organization in England. She is currently an intern in Prague at an academic research journal for security studies in Europe.



MIRZET ŠKRGIĆ

Mirzet Škrgić is 23 years old and comes from Bihać. He's a fourth-year student at the Faculty of Medicine at the University of Sarajevo.

The principle of the Foundation's work delighted me because, in addition to financial assistance, it gives me the opportunity to improve my knowledge and experience and share it with younger scholarship holders. I found out about the scholarship through my friends who are scholarship holders, and when they first explained to me how the Hastor Foundation works, I was delighted.



In the future, he wants to become a surgeon so that he can help people and save many lives. In his free time, he likes to watch movies in the cinema, and he also plays table tennis. His favorite hobby, as he says, is cooking.

Introducing New SCHOLARSHIP HOLDERS



TIJANA SADIKOVIĆ

Tijana Sadiković is a new scholarship holder from Tuzla. She is a third-year student of general studies at the Faculty of Medicine, University of Tuzla. In her free time, she does volunteer work.



The Hastor Foundation gives me the motivation to continue volunteering and non-formal education and to always find time for such activities. They showed me that hard work and commitment will always be appreciated, and I am most inspired by the Foundation's values, which encourage investment in the future and nurturing the prosperity of young people in Bosnia and Herzegovina.

She became involved with volunteerism in elementary school through the "Red Cross" organization, and she is still an active member today. She also often lends her help to older people in her local community, so it's no wonder she has found her place in the Hastor Foundation. She likes to spend time in nature with her closest circle, but also enjoys developing new skills through various activities, and some of her favorite hobbies are sewing and dancing.



IVONA KENJIĆ

Ivona Kenjić is a third-year student at the Faculty of Science, University of Sarajevo. She chose the Department of Biology and genetics as her major, explain that she believes that genetics is a science on the rise and, therefore, offers great opportunities for research and advancement.



After I read about the Hastor Foundation on social media, I heard about the positive experience of a friend who is a former scholarship holder, and I decided to apply for a scholarship. What I like most is the possibility of working and exchanging experiences with other scholarship holders. I believe that in this way I have a chance to improve my skills, work on myself, but also on the affirmation of other young people, so I am happy to be part of this family.



She spends her free time reading books and training. Ivona loves travelling, so she often gets to know other cultures and countries. She found out about the Foundation through social media and once she was first introduced to our mission and idea, she knew that it was the environment in which she wanted to find a place for herself.

Introducing New SCHOLARSHIP HOLDERS



JASMINA HALILOVIĆ

Coming from Konjic we have Jasmina Halilović. She is a fifth-year student at the Faculty of Medicine at the University of Sarajevo.



I learned about the Hastor Foundation and the details of its work through a close friend and through social media. I believe that the Foundation's mission and idea enables every young person to become an even better and more ambitious member of society and the local community, especially through volunteering programs, and that is why I am extremely happy and proud to have become a member of the great Hastor family.

She says she likes helping people, and that's why she chose this profession and applied for a scholarship at the Hastor Foundation. Jasmina is a member of the BoHeMS Association of Medical Students. She spends her free time with her family, friends and her pets, and especially emphasizes her love for reading books and drawing.



AMINA DŽINALIĆ

A second-year student at the Faculty of Law in Sarajevo, Amina Džinalić comes from Visoko.



I heard about the Foundation through social media, but also at the university, considering that one of my professors, Lejla Ramić, is a former scholarship holder of the Hastor Foundation. What attracted me the most was the volunteering segment, considering that it is something I am familiar with and that I have done before. The fact that I can help someone in any way truly fulfills me and makes me happy, and the Foundation has enabled me to continue to do so.



Her first love is the violin, and she has been actively playing for 15 years. She has performed with the group "Rejjan" for almost three years and holds music workshops for children. In the future, she wants to become a good lawyer, and as she points out, she would like to share her knowledge with students. She wants to pass on knowledge in the field of law, just like she does now when it comes to music and her knowledge in that field.

Introducing New SCHOLARSHIP HOLDERS



SALEHA REDŽEPI

Saleha Redžepi comes from Sarajevo and is a student of integrated studies at the Faculty of Medicine of the University of Sarajevo. She successfully completed her fifth year of studies.



In the Foundation, I found an opportunity to realize my potential through community, accessibility, humanity and through the evaluation of work. Of course, I don't even have to talk about financial aid, it's certainly very important – the feeling of knowing you can go to any congress that you think will help you in your future work and not burden your parents is enough.

She spends her time volunteering in healthcare, where she has the opportunity to acquire new knowledge in the field of medicine both within the borders of our homeland and abroad through student exchanges. Also, Saleha volunteers at the "Red Cross" and the Hastor Foundation, where through education and mentoring she gains new friendships and experiences and develops her social skills. In her free time, she likes to paint.



AMILA TURSUNOVIĆ

Amila Tursunović is a third-year student of general medical studies at the Faculty of Medicine in Tuzla and she comes from Živinice.



I see the Hastor Foundation as a great community, support, opportunity for growth and personal development. I am proud to have become a part of this positive story in which I can gain new knowledge and experience, but also share my modest knowledge with others, all with the aim of common progress. I look forward to every new meeting with my volunteer group, socializing and exchanging experiences and opinions.



She has been engaged in social activism through the non-governmental sector for ten years, and we hope that she will use all her potential through her involvement in the Foundation. She had the opportunity to work on many projects and she also attends numerous workshops and seminars. What stands out among these are the program "Empowered Youth, Sustainable Future" and "Trauma-Oriented Peace Work in Bosnia and Herzegovina". She represented Bosnia and Herzegovina at the Summer Academy for Intercultural Dialogue in Germany. In her spare time, she volunteers and helps others, which is also the part of her chosen vocation. Her hobbies include painting and drawing portraits. Her main motto is the popular saying of Mahatma Gandhi – "Be the change you want to see in the world".

Introducing New SCHOLARSHIP HOLDERS



AJLA ARNAUT

Ajla Arnaut comes from Zenica. Ajla is a third-year student at the Faculty of Law of the University of Zenica.



I am honoured to be a part of the Hastor Foundation, considering that it is a Foundation that provides a sense of security and self-confidence to young people, both in education and in life, and encourages them to primarily be good people who will use their knowledge in a way to contribute to the society in which we live. I applied for the scholarship mainly because the Hastor Foundation is one of the few organizations that emphasizes volunteer work and effort.

During the second year of her studies, she had the opportunity to participate in the regional competition "Moot court" (trial simulation) within the course Human Rights and Basic Human Freedoms. The competition was held in Niš, Serbia, and she won first place and presented her faculty in the best light. She also participated in the "Summer in the Library" project, which was organized in 2019 in Zenica, where she had the opportunity to volunteer with elementary school children. Furthermore, she was a member of the Scout Association, and she has been doing make-up since she was eighteen, which she enjoys a lot and considers her hobby.



IRMA DŽIHAN

Irma Džihan, who comes from Sarajevo, is also a new scholarship holder. She is a second-year student at the Sarajevo School of Science and Technology at the Department of Political Science and International Relations.



I found out about the Hastor Foundation through friends who are already scholarship holders. I consider the skills and knowledge that we can get through volunteering to be very important. I think that is one of the advantages offered by this kind of scholarship program. In this way, we get the opportunity to meet other people, but also to gain experience that can be useful to us later.



Since high school, in addition to teaching activities, she has been engaged in activism through participation in workshops and conferences that dealt with the topics of migration, human rights, gender-based violence, and the like. Considering that research is a big part of her profession, she is currently doing her internship at the Metropolitan University in Prague as a Research Institute Assistant.

Introducing New SCHOLARSHIP HOLDERS



ADNA ZIRIĆ

Adna Zirić is a second-year student at the Faculty of Law at the University of Bihać.



When it comes to the Foundation, I have to emphasize that it was a really great and useful experience for me. Doing volunteering, I realized how much each of us can progress if we really want to. I believe that this principle of the Foundation's work can awaken in us a great desire to advance, help and act within the local community, but also beyond.

After finishing high school, she decided to study law because she believes that it offers a wide range of professions. She had the opportunity to participate in the national competition in trial simulation before the European Court of Human Rights, organized by the Student Union of the Faculty of Law of the University of Mostar, in cooperation with the OSCE Mission to Bosnia and Herzegovina and the High Judicial and Prosecutorial Council. The competition gave her the opportunity to show in a practical way her affinities for her future career.

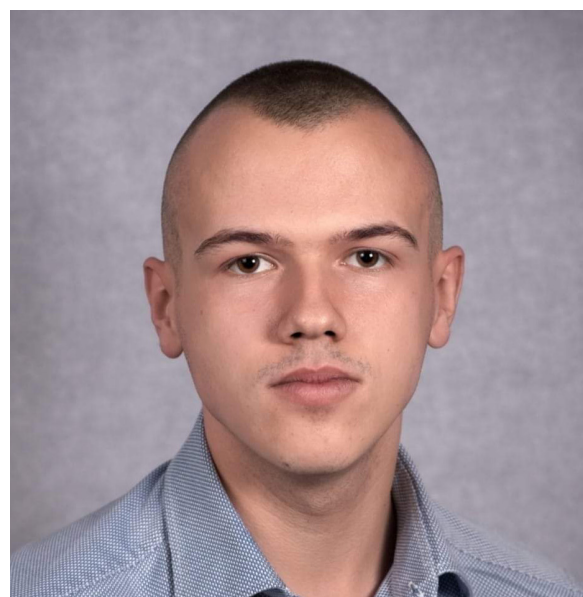


KEMAL DURİĆ

Kemal Durić comes from Sarajevo. He is 21 years old and a second-year student at the Faculty of Medicine in Sarajevo.



The Hastor Foundation provides a significant incentive for promising pupils and students. Mentoring, as a great opportunity to gain new experiences, is only one of the reasons why I decided to apply for the Hastor Foundation scholarship. This team enables the establishment of positive social practices for each individual member. New knowledge and acquired friendships had a significant impact on my personal and professional development.



In his free time, he enjoys reading books, doing sports, and participate in various forms of informal education including online courses.

Introducing New SCHOLARSHIP HOLDERS



NEJRA HINDIJA

Nejra Hindija, a fourth-year student at the Faculty of Medicine at the University of Sarajevo,



I found out about the Foundation through a friend who was a scholarship holder and is now very successful in his business. Knowing that the Foundation can provide me with great support and help in schooling, and later in work, greatly motivates me to realize my childhood dream. I am still familiarizing myself with the rules and possibilities, but I can say that it is a great honour to be part of such a project, socializing and learning.

She is a member of the Association of Medical Students in Bosnia and Herzegovina BoHeMSA. She has been practicing karate since the second grade of elementary school, and soon after a short break, she plans to continue when the club she founded with her friends becomes active. In addition, she enjoys cycling and running.



NADINA KOLIĆ

Nadina Kolić comes from Zenica, is 20 years old, and is a second-year student at the Polytechnic Faculty of the University of Zenica, Department of Software Engineering.



First of all, I see the Hastor Foundation as one big family that always reminds us that it is there for us at every moment. I think I got a great opportunity to make significant changes both for my environment and for myself. I want to build myself as a complete person, which would be the biggest change, and then help my community and other young people to become successful.



She spends her free time reading books and spending time in nature.

Introducing New SCHOLARSHIP HOLDERS



DŽANA FEJZIĆ

Džana Fejzić comes from Hadžići and is a third-year student at the Faculty of Dentistry with Clinics at the University of Sarajevo.



Through all segments of its work, the Hastor Foundation promotes education and the acquisition of knowledge as one of the most important things in life. Helping others and acquiring social responsibility are inseparable from learning. Through my previous activities, I realized that this is a family where interaction and communication are key to all success.

She spends her free time with her family, friends, and reading books. She points out that her favourite activity is volunteering in a preschool attended by autistic children.



NEJLA PLJAKIĆ

Nejla Pljakić comes from Sarajevo and is 21 years old. She is a second-year student at the Faculty of Pharmacy, University of Sarajevo School of Science and Technology.



The vision and philanthropy of the Hastor Foundation represent the right way to develop and improve the youth of Bosnia and Herzegovina. The most important opportunity I have been given is the opportunity to develop and improve myself, and I have no doubt that I will be able to use this opportunity in the best possible way.



Among her hobbies, she singles out "PharmBabes" – a profile of educational content that she has been running with a friend since May 2021. The goal was to create a page that will educate peers about health topics that we should all have knowledge about. She pays great attention to the "PharmaSkin" project, in which she ventured into the waters of cosmetics, making small lip balms and creams for the treatment of acne.

Introducing New SCHOLARSHIP HOLDERS



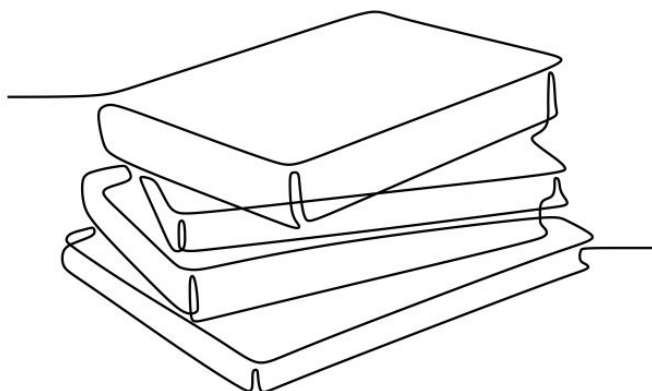
SARA-FARAH MATERNE

Sara-Farah Materne is a student at the Faculty of Natural Sciences and Mathematics, University of Sarajevo, Department of Mathematics, majoring in Theoretical Computer Science. She is currently a first-year master's student.



Before I became a scholarship holder, I had the opportunity to read about the Foundation, as well as hear the positive experiences of those who had previously become its members. Now, for me, the Foundation represents, first of all, support, an opportunity for new acquaintances, but also opportunities for progress and self-improvement through various volunteer activities. I consider the mission of the Foundation to be very noble, given that it implies a generous investment in future professionals of all profiles and orientations, of various ages, and from various backgrounds.

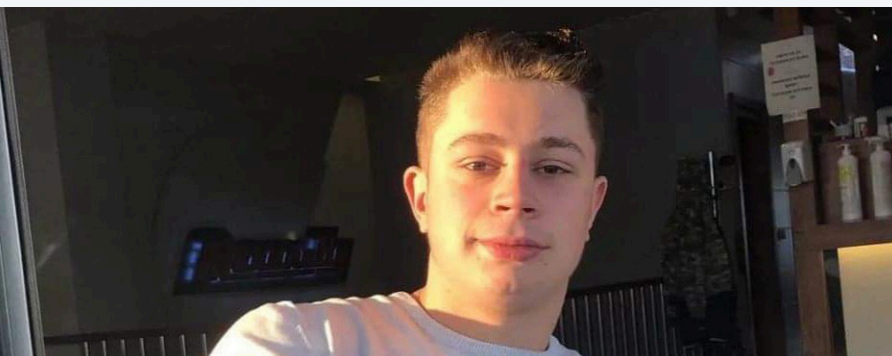
She devotes most of her time to her university duties. She uses her free moments to play music, hang out with friends or play games.



Scholarship Holder OF THE MONTH

The Hastor Foundation can boast of diligent, ambitious, and successful scholarship holders who achieve notable results in the fields of education and science. The Foundation's team consists of young people who contribute to its work, improving it with their knowledge and skills. It is precisely these values and commitment to volunteer engagement within the Hastor Foundation that give scholarship holders the title of Scholarship Holder of the Month. Read below about the scholarship holder who won the title this month!

AMIR HADŽIABDIĆ



That every effort goes hand in hand with a reward is confirmed by the fact that every month the Hastor Foundation selects a scholarship holder who has proven to be the most successful in the past month, and the crown of his achievement is the title of Scholarship Holder of the Month. Every month, the chosen holder of this title brings a new inspiring story from their journey along the paths of their success, and this time that story is brought by Amir Hadžiabdić.

Twenty-year-old Amir Hadžiabdić from Vogošća earned the title of Scholarship Holder of the Month this month. After graduating from the "Jezero" Medical High School, he continued walking along that chosen educational path by enrolling in the Faculty of Medicine in Sarajevo.

Amir's volunteer work began during his high school education when, in addition to monthly volunteering at the Hastor Foundation, he also volunteered in his local community. In addition to the above, he also coached basketball at the basketball club "Koš". With the same club, he played for the A2 league as club captain. On trips with the club, he had the opportunity to make friends from different orientations, so he points out that this is an important experience in the life of a young man. This motivated him to share his experiences with the people he met during his volunteer activities because he believes it is important that what one learns on trips or in any other way is worth sharing with others, especially with younger scholarship holders who see in him a role model and support.

During his studies, he decided to raise his volunteer activities to a new level. He started recycling the waste that accumulates at picnic areas, and in addition, he decided to share his knowledge and skills with his acquaintances by tutoring them on certain subjects. Coaching basketball remained his hobby for some time. With the basketball club "Vogošća" he, for the first time, made his debut in the A1 league and successfully finished the season until the end. Unfortunately, due to the responsibilities that come with university, he decided to stop training in basketball. Despite all that, sportsmanship has not completely disappeared from Amir's life. He still referees basketball games from time to time, and his athleticism has helped our scholarship holder develop work habits that help him better organize the fulfilment of his life goals.

Scholarship Holder OF THE MONTH

His plans are to improve his local community, to work for that improvement as an individual as much as possible, and to promote values that will be useful in society through conversation with friends. In the future, he plans to complete his specialization as a physiatrist. He points out that in the course of his education so far, his favourite subject was in the domain of the musculoskeletal system, and that is exactly the reason for his targeted commitment. Although he has many plans, above all he puts his first goal in life, which is to help people.

“ The main role in my education was undoubtedly played by the Hastor Foundation, which helped me be successful in high school, and it continues to do so now. I drew my motivation for participating in extracurricular activities from the successful life stories of scholarship holders and alumni of the Hastor Foundation. For me, every volunteer meeting represented a positive story from which I can draw instructions for developing a successful future. What is most important to me today, in these strange times, is the fact that I grew into a good man watching all those hardworking hands supporting the pillars of the Hastor Foundation. While volunteering, I met many people from other cities with whom I was always happy to exchange experiences. The scholarship from the Hastor Foundation was a great incentive for me to achieve success and helped me to, at least in some way, change my environment in a positive sense.



Amir's message to all current and future scholarship holders of the Hastor Foundation is to never give up on their goals and to create ideas that will lead to a better future. Talent and genius cannot replace persistence because persistence and determination are irreplaceable qualities of successful individuals.

RUBRIC OF ACTIVE YOUTH - RAM

The column of active young people is the space through which we present the most valuable scholarship holders of our Foundation every month. These are those who, day after day, strive to invest their time and energy in higher goals and thus improve themselves and their society. Just as RAM (working memory) is a part of a computer without which its work cannot even be imagined, so are our scholarship holders, who, in addition to volunteer activism within the Foundation, also work extremely diligently in their local communities and thus represent the Hastor Foundation and its mission, a part without which our work would certainly not be the same. RAM is a column dedicated to those who actively work every day to improve their society and improve themselves, therefore it is our pleasure to talk about one of them every month, and this time that honor went to Amir Baltić.



“**“The root of happiness is altruism - a desire to help others”**

is a quote from Dalai Lama. It is exactly this quote that the scholarship holder Amir Baltić used to start his story closely related to the Hastor Foundation, which he was a part of for two years of his life.

Amir explains how membership in the Foundation and activities within its boundaries reflect his future medical career. Volunteering in the Foundation and medical activities have a very common trait – altruism.

RUBRIC OF ACTIVE YOUTH - RAM

Volunteering in the local community under the motive of altruism will help others and the community, but will also give us a sense of fulfilment, Amir points out.

Amir Baltić is a Hastor Foundation scholarship holder from Sarajevo who is currently a fifth-year student at the Medical Faculty of the University of Sarajevo. Even though he graduated from Medical High School Sarajevo, he says that medicine was not his first choice when he was deciding on his future career path. As a child, Amir wanted to express his creativity through architecture, but medicine outweighed his choice since it presented a challenge and since it was something that could satisfy his altruistic nature. He had the goal of becoming a medical technician, but after fulfilling this goal he decided to set another goal of becoming a doctor. He is currently doing well and is an example of how through constant effort, any goal can be reached.

My message to all Hastor Foundation scholarship holders is that they should not give up on their dreams. Even though this statement sounds like a platitude without any meaning, based on my example I can guarantee that it is true. If you desire something enough, have a clear goal, and have a detailed plan, nothing can stop you, concludes Amir.

He has been a Hastor Foundation scholarship holder for two years. Recently he attended the 43rd International Medical Student Congress as a passive participant, but next year he plans to enrol as an active participant. The International Medical Student Congress took place from May 20 to May 25 in Ohrid, Northern Macedonia. It was organized by the Macedonian Medical Student's Association (MMSA) with the support of the Medical Faculty in Skopje.



The Congress is primarily educational, every medical student is called to attend from any country. The students can participate as active or passive participants, and can attend lessons, student presentations, and workshops. Every day, a few workshops on specific topics were held and every student could choose which one to attend. Amir attended a workshop called "Be an Attending Physician for the Day" in which cases from actual medical situations took place and in which Amir and his group won first place.

He points out that he sees himself as a very open and communicative person. His motto is **"The most interesting people are the most interested people"**. He believes that he has learned how to manage different situations with time, especially those where he needs to act carefully and soberly. He points out that one of his specialties is knowing interesting facts. His hobbies are bike riding and spending time with books by great philosophical thinkers such as Friedrich Nietzsche, Arthur Schopenhauer and Marcus Aurelius. He also adds that he follows the newest discoveries in the field of medicine, whenever he has the time.



RUBRIC OF ACTIVE YOUTH - RAM

I would advise young students to spend most of their free time in developing their own personalities in all aspects. They should not just focus on the university, but rather all segments of life and they should not allow their profession to dictate their personality, says this diligent Hastor Foundation scholarship holder.

Amir reminds us that students of the Medical Faculty of the University of Sarajevo hold an International Medical Scientific Congress under the name "SaMED" which is now being held for the 7th time. Amir is on the hosting team, and he is holding a workshop under the name "Everything You Need to Know About Surgical Suturing". The workshop aims to educate pre-clinical students of the Medical Faculty about the fundamentals concerning surgical sewing to prepare them for the course "Surgery", and to help them in their medical career path in general.

As a Hastor Foundation scholarship holder in his first year, he volunteered in his mentorship group with scholarship holders from high schools. During this period, he acquainted himself with all students from his group and they began a friendship which they still maintain, even though he is not their mentor anymore. Currently, he is the mentor of elementary school students. Skills like active listening, empathy, and transmitting knowledge to others which he acquired as a mentor, will be useful at the "SaMED" congress.

Age dynamics forced me to change my posture toward elementary and high school students. This helped me in a certain way to develop myself as a mentor. Having the assignment to be a mentor represents a great honour and fulfilment and I look forward to all new experiences, says Amir.

The experience which he acquired as a Hastor Foundation scholarship holder is invaluable to him, not only for his future medical career but also for life which can sometimes surprise us with its turbulence.

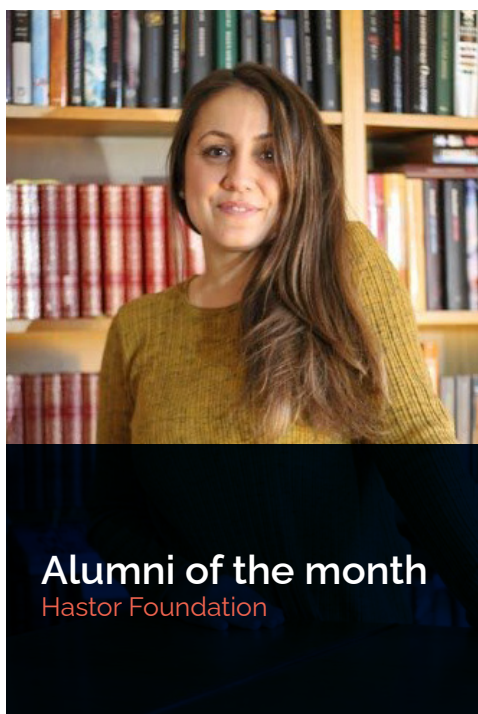
The Hastor Foundation represents a guiding star with which I measure my humane acts. The examples of all current and prior members of this family are my role models and I will try my best to be an example for the future generations who will come after us, says Amir.



Alumni of the MONTH

Scholarship holders of the Hastor Foundation continue to actively contribute primarily to their local community, but also to the society of Bosnia and Herzegovina in general, even after the end of their volunteering days in the Hastor Foundation. Their social activism and progress, even when they are not obliged to do so by status of a scholarship holder, is an indicator of how the love for volunteering and helping others instilled by the Foundation in them remains forever. The Foundation closely monitors all the successes of current and former scholarship holders and is proud to have influenced the progress and personal development of each of them individually their growth. It is the same with the former scholarship holder Irma Marić, assistant professor at the Department of Bosnian Language and Literature at the Faculty of Humanities, University Džemal Bijedić in Mostar. You can read about her story below.

**IRMA
MARIĆ**



Irma Marić successfully completed her entire education in her hometown Mostar.

After completing the pedagogical course at the Second Gymnasium, she continued her education at the Department of Bosnian Language and Literature at the Faculty of Humanities, Džemal Bijedić University in Mostar. She successfully completed her studies in 2009, and in 2010 she became an assistant at the Faculty of Teaching, University Džemal Bijedić in Mostar for the narrow scientific field of Bosnian language and literature II. She continues her outstanding biography by enrolling in the Interdisciplinary Postgraduate Study at the College of Literature of the Faculty of Humanities, University Džemal Bijedić in Mostar.

After passing the exams, she successfully defended her master's thesis in 2013 and received the title of Master of Arts in the field of literature. In the same year, she acquired the title of senior assistant for the narrow scientific field of Literature at the Department of Bosnian Language and Literature, Faculty of Humanities, University Džemal Bijedić in Mostar. In 2017, she defended her doctoral dissertation at the same faculty and became an assistant professor at the Department of Bosnian Language and Literature. From 2019 to 2021, she also performed the duty of vice dean for teaching at the faculty.

She had been an active member of the Hastor Foundation for many years, participating in several projects with other scholarship holders and activists, so we are happy to now present her as a successful alumna.

One of the most important projects in which I participated was **"Stitching Kinderhulp Bosnie"** through which assistance to the children of Srebrenica was realized, and after that I helped and worked on connecting the Foundation with Herzegovina, and since then children from these areas have been continuously awarded scholarships.

Alumni of the MONTH

Irma adds that the Hastor Foundation was, and remains, an important part of her upbringing and education. From the day she became a scholarship holder until the end of her education, she worked hard, trying to show in the right way how grateful she is to the Foundation for the support it provides, but also wanting to show society and the environment by her example how much the Hastor Foundation influenced her upbringing and understanding of the world.

Our former scholarship holders show on a daily basis how much desire for positive change and innovation in society they bring in any professional environment. Thus, Irma is currently a member of the Steering Committee of the Bosniak Cultural Community "Revival" - City Society of Mostar, where she conducts additional activities important for the affirmation of the Bosnian language, Bosniak and Bosnian literature and beyond the borders of Bosnia and Herzegovina. In 2021, her author's book Poetic Models in Irfan Horozović's novels (Where Is Baluk Abad, and Where Is Banja Luka?) was published by Džemal Bijedić University in Mostar, the City Society "Revival" Mostar and the publishing house "Good Book".

She has participated in several scientific conferences in the country and abroad, and she has published papers in the field of Bosniak, Bosnian and South Slavic literature in recognized journals and collections of papers. She has also been the editor, reviewer, and proof-reader of several books in the field of Bosniak and Bosnian literature, history and culture. During her many years of academic education and advancement, she was involved in numerous events, forums, lectures, and the promotion of new publications throughout Bosnia and Herzegovina.

The subject of my scientific work and interests is contemporary Bosniak and Bosnian- Herzegovinian literature, South Slavic literature of the 20th century, and I am especially interested in oral (folk) literature as well as communication skills and rhetoric.

Throughout all the years she spent as a scholarship holder, Irma actively volunteered and contributed to the Foundation in various ways. She considers volunteer activism a key aspect of her work. She believes that it helps her build faith in herself and her ability to offer her own answers to the problems around us, that is, the faith that she can change her own and someone else's world. However, in addition to working for the benefit of others, as a volunteer she says that the most beautiful thing is that she works on herself, her personal and professional development. She does this through the extremely wide range of opportunities that volunteering opens up. She volunteered in Mostar, but she also openly accepted invitations to volunteer in other areas.



Alumni of the MONTH

She understood the process of volunteering very naturally and as a kind of practice for the future classroom, considering that she studied with the goal of becoming a professor of Bosnian language and literature.



Volunteerism should be an integral part of the life of every healthy person. There are different ways to help the community, to strengthen it and to continually develop humanistic ideas that rest in the beauty and meaning of human existence. Pupils and students should dedicate some of their free time volunteering in the segments where they can provide the most and the best. These are the most productive years, regardless of all the challenges, uncertainties, and difficult circumstances. It is never too late for good and dedicated work, and it is always the right time. Thank you to the noble people of the Hastor Foundation for teaching me the values of volunteering and helping people around me. I wish other scholarship holders good luck in the field of their education and on the paths of life's challenges.

In the end, we can say that the Foundation has nurtured and encouraged the growth of what is now a capable and self-confident, ready to happily transfer all her knowledge to others and to help anyone who may need it. Based on Irma's example, but also on the example of numerous other successful former and current scholarship holders, we can see time after time that the mission of the Hastor Foundation is possible and that it is being realized more and more successfully every year.

INTERESTING FACTS

The Connection Between the Senses of Sound, Smell, and Taste – Coffee, an Amazing Beverage, and Its Relation With Music

Coffee is one of the most popular beverages in the world. Even though many don't drink it, an invitation for socializing usually means asking the question: **"Shall we go get a cup of coffee?"** The availability of coffee has become widespread, and the process of preparing the beverage can almost be considered a form of art. Coffee lovers reveal their characters through the types of coffee they like to drink, and artists have shown the love they have for coffee by depicting it through their own artistic expression. This miraculous black beverage connects people, and even a person with themselves at the beginning or during the day. It doesn't matter whether it is pure black or mixed with other ingredients or aromas, coffee has created a personal enjoyment ritual for every lover of



Despite that it might seem odd, or even impossible, at the first glance, coffee has established a connection with music, as well. The amazing connection between coffee and music has been realized through numerous music compositions which some of the greatest composers in history have dedicated to coffee, but also by our having a personal touch while drinking the beverage. The most beautiful experience of many layers of coffee flavor is achieved in combination with listening to a pleasant music. You might even be alone in those situations, but without feeling lonely, because your company is kept by two beloved things: coffee and music.

INTERESTING FACTS

The Connection Between the Senses of Sound, Smell, and Taste – Coffee, an Amazing Beverage, and Its Relation With Music

Among the most famous compositions dedicated to the beverage is Coffee Cantata. The work was composed by Johann Sebastian Bach in 1734. It depicts scenes from everyday life of citizens, comically describing a woman's coffee addiction, and the main character of the Cantata is angry at his daughter due to her excessive coffee consumption, since she drinks even three cups a day. Bach himself was a coffee addict who, allegedly, drank 30 cups of coffee a day.



Wolfgang Amadeus Mozart was also a coffee lover. His favorite type was black coffee, and he portrayed his love for the beverage in one of the parts of the opera Don Giovanni.

Ludwig van Beethoven would start his day by drinking coffee made from precisely 60 coffee grains. He firmly believed that exact number of grains was necessary to make a perfect cup of coffee. Glenn Gould, one of the most famous pianists of the 20th century, allegedly drank a gallon of coffee. That could be connected with his lifestyle, since he worked much at night, and left most of his work undone until the last moment.

While coffee is, on the one hand, an inspiration in the (music) life of composers, on the other, it was an inspiration for creating a specific genre dedicated to coffee only. Creating music atmosphere in a café bar receives special attention nowadays. Some café bars pay extra attention when it comes to a music genre which will be played in the venue. Such genres are usually described as bossa nova, soft rock, or jazz.

Having said all of this, it is also interesting to mention that, after a piece of research conducted at the University of Arkansas which dealt with the effects of music during lunch, the participants said that rock or classical music had not affected the quality of food, while hip-hop made the food taste worse, unlike jazz which positively affected the food flavor. The same criteria can be applied to coffee consumption – some of the leading companies which primarily deal with the selling of coffee have increased their selling rates after playing jazz music in their stores; and café bars with brown and orange shades in venues, where jazz is played, have notably bigger profits.

At the end, it is possible to conclude that jazz is "the most caffeinated" type of music which increases one's appetite and sharpens the senses.



THROUGH THE LENS

Volunteer activities of scholarship holders



Said Kamenica, volunteered as part of the project "Social map of the Old Town" in Sarajevo



Melisa Merajić, volunteered as part of the project "Used edible oil - energy resources" in Tuzla



Emina Nukić, volunteered at the City Library in Živinice



Ajdin Čeliković, mowed the grass in the yard Student Dormitory in Tuzla



Amina Madžak, Lamija Džaferović and Ajdin Karić, participated in organization of the "Demo-Day" event in Sarajevo

Work of the MONTH



Poetry CORNER

Corners of My Being

In the corners of my being
A fragile blizzard is being born,
Wild and calm, which will wake up
Tranquil dreams from the suburbs

Sweet nourishing tickles my bones
Nothing is stronger than a bird's flight
It pushes and chases all the dust
Which, for a thousand years, covered light

A breath blurs the dawn and the sleeping city
Steal underneath a rose is melting
Weak is our destiny
Our lives serve us only for the final resting

Colorful flowers are hugging meadows
They are afraid of the autumn's death
What is there left for December to wait,
Lonely, crude, an angry cold breath?

I stole dew for this love
For the washing of my heart
From the mother's lap until the end
For the two in love, it is always a short path



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